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Your Guide to Choosing a Nursing Home

*U.S. Department of Health and Human Services, Centers for Medicare Medicaid Services
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CENTERS FOR MEDICARE & MEDICAID SERVICES



**Your Guide to Choosing a
Nursing Home**

This official government booklet explains:

- How to find and compare nursing homes
- How to pay for nursing home care
- Your nursing home resident rights
- Alternatives to nursing home care



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U.S. Department of Health and Human Services, Centers for Medicare Medicaid Services : Your Guide to Choosing a Nursing Home before purchasing it in order to gage whether or not it would be worth my time, and all praised Your Guide to Choosing a Nursing Home:

The 'Guide to Choosing a Nursing Home' is designed to help you make informed decisions about nursing home care, whether you're planning ahead or need to make an unexpected decision. It's helpful to plan ahead, consider all your long-term care options, and make good financial plans early. You may have other long-term

care options, like community services, home care, or assisted living, depending on your needs and resources. It's also possible you may be eligible for home and community-based services covered by Medicaid. Before choosing a nursing home, you can check to see if one of these other options is available to you or if they might help after a nursing home stay. Not all nursing homes are certified to participate in Medicare or Medicaid. Helping another person choose a nursing home or make other long-term care choices can be difficult. Your support is important and can help your loved one adjust to getting new services or living in a new place like a nursing home. Be sure to include the person you're helping in decisions whenever possible. Always make decisions with his or her needs and preferences in mind. Medicare generally doesn't cover long-term stays (room and board) in a nursing home. Also available in Spanish.