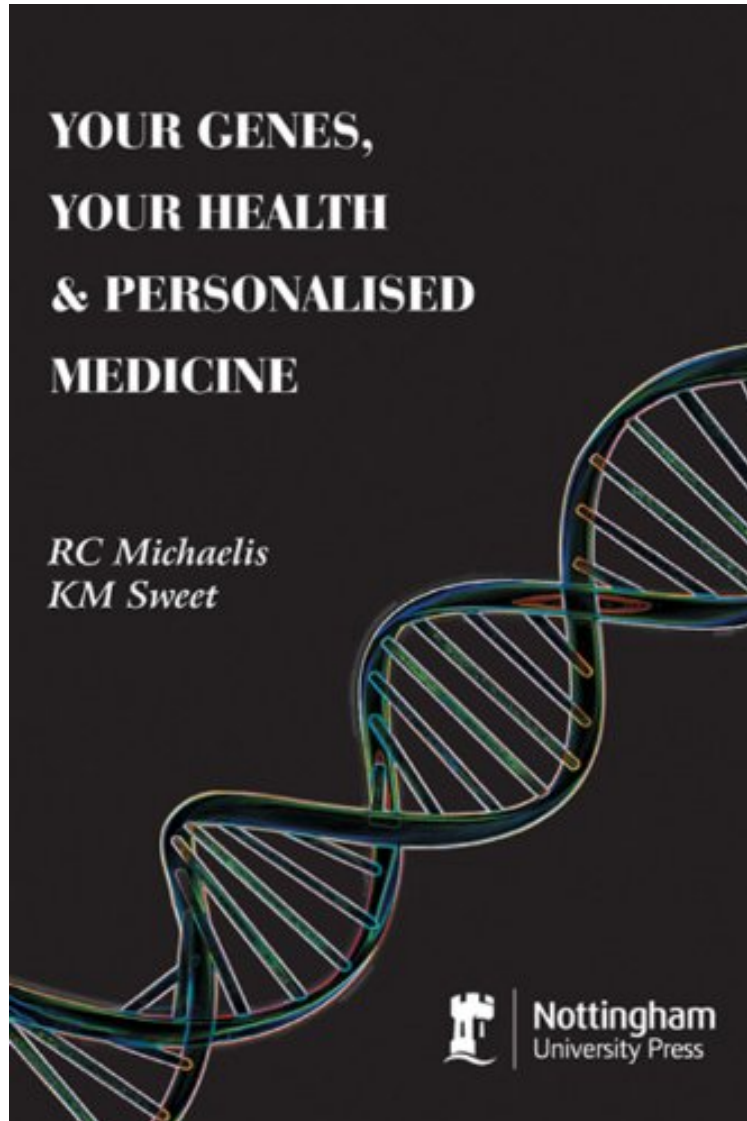


(Pdf free) Your Genes, Your Health Personalised Medicine

Your Genes, Your Health Personalised Medicine

*From Brand: Nottingham University Press
ebooks | Download PDF | *ePub | DOC | audiobook*



 Download

 Read Online

#5438548 in Books Nottingham University Press 2012-01-01 Original language: English PDF # 1 9.25 x .40 x 6.251, .70 #File Name: 1907284168174 pages | File size: 31.Mb

From Brand: Nottingham University Press : Your Genes, Your Health Personalised Medicine before purchasing it in order to gauge whether or not it would be worth my time, and all praised Your Genes, Your Health Personalised Medicine:

We are fast approaching the era of personalized medicine, in which we will each be able to know our level of risk for

many diseases, and medical treatments will be tailored to fit the individual, rather than treating all patients who have the same disorder in the same manner. This book is intended to help you understand how your genes influence your health, help you estimate your level of risk for a number of common diseases, and to inform you of the genetic tests which can be performed to help your doctor choose a medication or adjust the dose of a medication to best suit you personally. *Your Genes, Your Health and Personalised Medicine* contains a chapter which focuses on the interaction between genes and nutrition, and lists a number of genetic tests which can help a nutritionist, dietician or wholistic health practitioner develop a diet plan which best suits your individual physiology. This book will make it easier for both you and your doctor to know what tests can be performed to help determine your risk for a certain disease, the best dose of a medicine to prescribe for you, and what kind of diet will best maintain your health.

FAMILY MEDICINE JAN 2014
Your Genes provides an introduction to understanding genes and how they influence health and describes how in the future, genes will be used to determine level of risk for many diseases, as well as to tailor medical treatment to the individual based on genetic profile. This book is an excellent resource for those interested patients who always seek cutting edge care. Your Genes will also be a valuable review for the practicing physician faced with such patients, particularly those physicians whose Human Genetics course is far behind them.
Holly Salzman, MD About the Author
R. C. Michaelis is a biomedical researcher, author, and college professor. He currently teaches human genetics, biochemistry, and physiology at Western Carolina University. He lives in Cullowhee, North Carolina.
K. M. Sweet is a board-certified genetic counselor with 14 years of clinical experience in prenatal, pediatric, and adult genetics. He is a clinical assistant professor in the clinical cancer genetics and adult medical genetics program at Ohio State University. He lives in Columbus, Ohio.