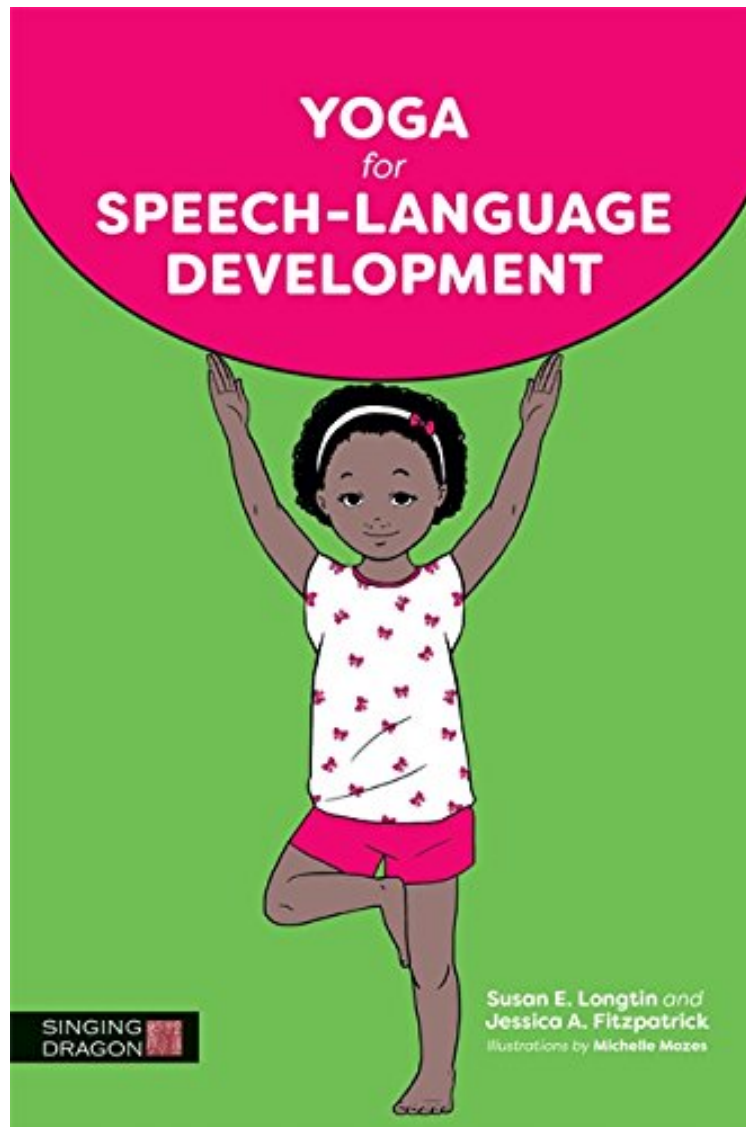


(Read now) Yoga for Speech-Language Development

Yoga for Speech-Language Development

Susan E. Longtin, Jessica A. Fitzpatrick

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Susan E. Longtin, Jessica A. Fitzpatrick : Yoga for Speech-Language Development before purchasing it in order to gauge whether or not it would be worth my time, and all praised Yoga for Speech-Language Development:

0 of 0 people found the following review helpful. Love love love! By Zesti I have been thoroughly enjoying reading Yoga for Speech-Language Development. I am not a pro at yoga, but do enjoy practicing when I can and would love to use this in my future practice as an SLP and as a Mom. This book is super easy and enjoyable to read; it makes all of the yoga, and speech and language concepts and their application easy to understand and use. I have already tried some strategies with my son. Overall, amazing and IMPORTANT book, well thought out, I love the disclaimer and all

of the research they cite, as well as the fact that this book can be an impetus for researchers to study this topic- so important! The authors' passion for the subject is clearly poured into every word, and that makes reading it so much more enjoyable. Thank you for this treasure!!0 of 0 people found the following review helpful. A Beneficial Guide for all SLPs (Especially the Beginning Clinician) Working with Children!By CustomerThis book is great for the beginning clinician like myself! It includes developmental milestones (in easy to read charts) in terms of speech and language, which can be used as a guide for beginning clinicians. The yoga techniques (including visuals) are easy to follow and explain to both parents and children. In addition, this book offers gives concrete examples of ways to incorporate yoga into speech-language therapy (even listing different children's books that could incorporate yoga when used during a session). This book is beneficial for speech-language pathologists working with children!0 of 0 people found the following review helpful. I very much enjoyed reading this bookBy CustomerI very much enjoyed reading this book! It is very "reader friendly" and yet informative. It is interesting to learn how to interact with a pre-linguistic infant that come fairly intuitively (like massaging and naming body parts), as well as other ways (such as the "Heart-Warm-Touch" exercise) that I had not heard of before. As a new mom, I have already found this book to be a resource full of helpful hints and gentle words of encouragement to have fun and explore with my baby.

Combining years of experience as certified speech-language pathologists and as qualified yoga teachers, the authors of this pioneering book explain how yoga can be used to aid speech-language development in children up to age 12. The book includes a range of yoga-based exercises for improving pre-linguistic communication, vocabulary development and motor planning for speech. The text is enriched by illustrations of children in each yoga pose, so no prior experience of yoga is necessary to help children carry out each activity. The book also provides information on using this approach with children with neurodevelopmental and intellectual disabilities, including ADHD and autism.

Yoga for Speech-Language Development shatters the notion that yoga should be reserved as a "quiet time" activity in the early childhood classroom. This is a compelling look at the lyrical, whimsical and playful components of yogic principals and how they can provide the perfect arena for supporting reciprocal and engaging communication with the young child. -- Peggy Natale, Program Director, SteppingStone Day School This wonderful, comprehensive map of speech and language development in children is a beautifully crafted guide with thoughtful, creative ideas and suggestions for using yoga to facilitate communication skills. An artful blend of science, experience and wisdom. I will recommend this inspiring book to my SLP students, to parents and caregivers, and to fellow yogis. -- Kathy Downing, MA, CCC, Speech-Language Pathologist; Lecturer, Queens College, City University of New York; Prana Yoga Teacher This wonderful, practical resource provides a much needed "union" between the practices of speech-language pathology and yoga. Whether it's a quick breathing exercise or yoga pose within a therapy session or a full classroom-based storybook yoga lesson, children are sure to progress in their speech, language, literacy, and pretend play development. -- Susan Hendler Lederer, PhD, CCC, Professor, Speech-Language Pathologist, Yogi, and Certified Children's Yoga Instructor This is a fantastic guide for parents wondering if yoga is right for their children. The authors explain key aspects of child development, and how to make yoga a fun, valuable experience. As a yogi and a mom who practices with my own kids, I am grateful for this "go to" resource. -- Courtney, yoga practitioner and mom of two Yoga for Speech-Language Development shatters the notion that yoga should be reserved as a "quiet time" activity in the early childhood classroom. This is a compelling look at the lyrical, whimsical and playful components of yogic principals and how they can provide the perfect arena for supporting reciprocal and engaging communication with the young child. (Peggy Natale, Program Director, SteppingStone Day School) This wonderful, comprehensive map of speech and language development in children is a beautifully crafted guide with thoughtful, creative ideas and suggestions for using yoga to facilitate communication skills. An artful blend of science, experience and wisdom. I will recommend this inspiring book to my SLP students, to parents and caregivers, and to fellow yogis. (Kathy Downing, MA, CCC, Speech-Language Pathologist; Lecturer, Queens College, City University of New York; Prana Yoga Teacher) This wonderful, practical resource provides a much needed "union" between the practices of speech-language pathology and yoga. Whether it's a quick breathing exercise or yoga pose within a therapy session or a full classroom-based storybook yoga lesson, children are sure to progress in their speech, language, literacy, and pretend play development. (Susan Hendler Lederer, PhD, CCC, Professor, Speech-Language Pathologist, Yogi, and Certified Children's Yoga Instructor) This is a fantastic guide for parents wondering if yoga is right for their children. The authors explain key aspects of child development, and how to make yoga a fun, valuable experience. As a yogi and a mom who practices with my own kids, I am grateful for this "go to" resource. (Courtney, yoga practitioner and mom of two) From the Inside Flap Yoga is an engaging way to facilitate speech-language development. This pioneering method applies yogic principles and practices to enhance speech-language development in children from birth up to age 12. This book offers yoga-based exercises for improving prelinguistic communication, breath support for speech, motor planning for speech, vocabulary development, symbolic play and emergent literacy. Illustrations of children demonstrating yoga poses enrich the text. No prior experience of yoga is necessary to carry out the activities, which are suitable for a range of ages and abilities. Information on working with children with neurodevelopmental

disabilities including autism spectrum disorders is infused throughout.