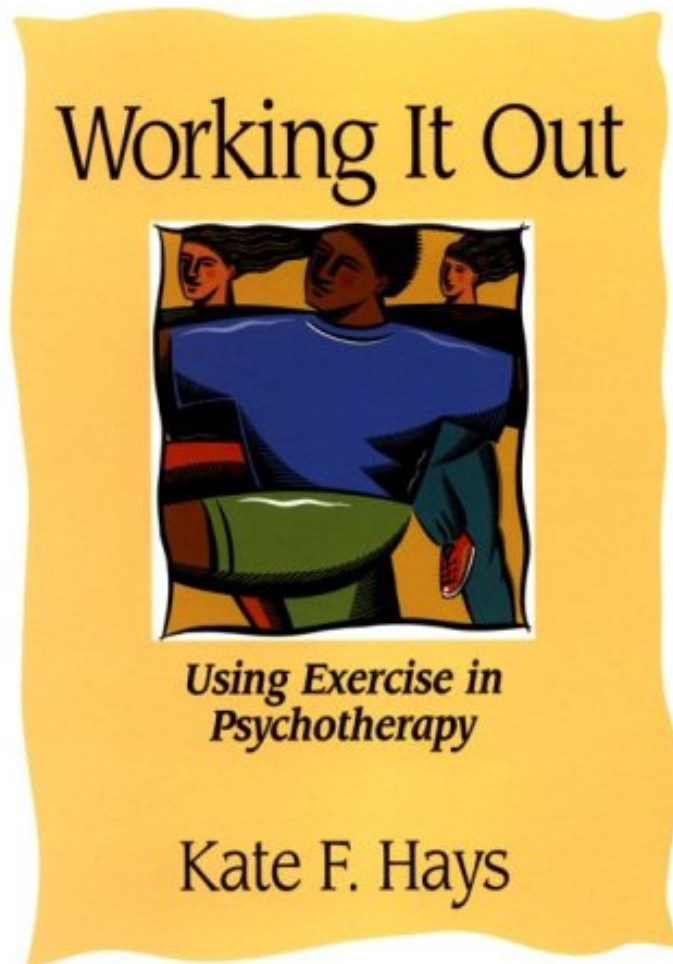


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Working It Out: Using Exercise in Psychotherapy

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