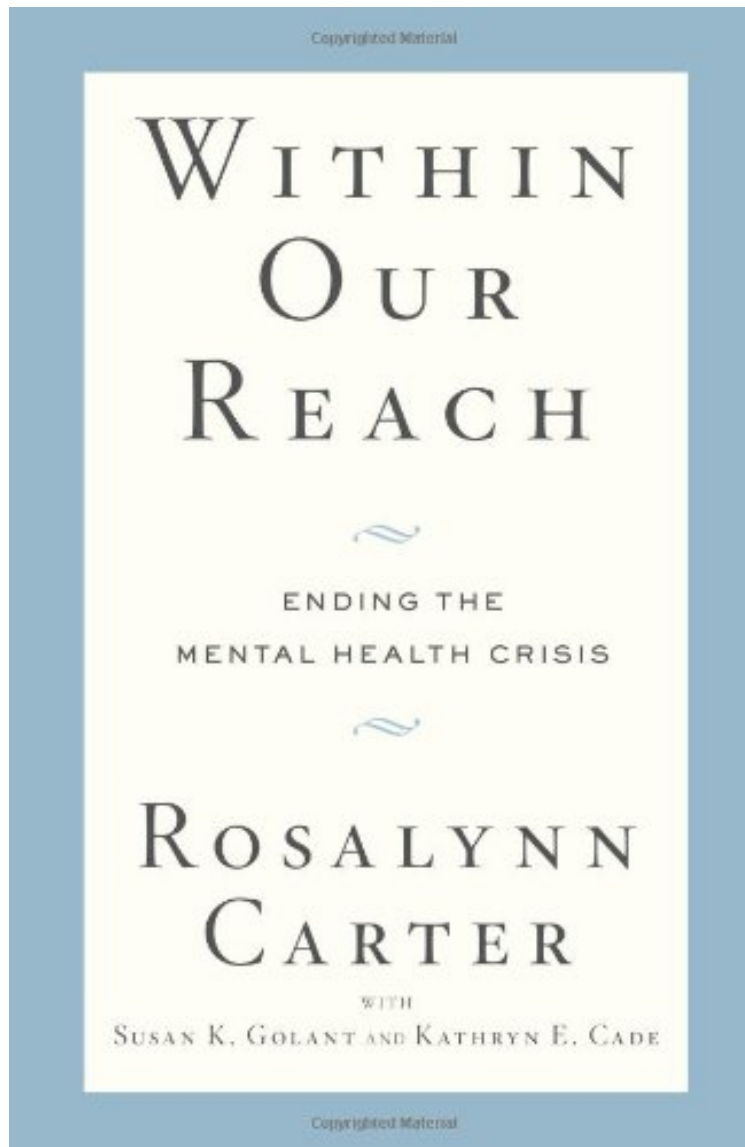


(Pdf free) Within Our Reach: Ending the Mental Health Crisis

Within Our Reach: Ending the Mental Health Crisis

Rosalynn Carter, Susan K. Golant, Kathryn E Cade
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Rosalynn Carter, Susan K. Golant, Kathryn E Cade : Within Our Reach: Ending the Mental Health Crisis
before purchasing it in order to gage whether or not it would be worth my time, and all praised Within Our Reach:
Ending the Mental Health Crisis:

2 of 2 people found the following review helpful. Nothing new, but great reminders to affect the crisisBy M.
FerraraRosalyn Carter's new book was a quick read, in which she emphasized our continued problem in this country of
the stigma associated with mental illness. I didn't find much new, except a concept I agree with on many subjects

including mental health: We have lost our sense of community, a concept very important to those suffering from depression, etc.; sure, we "communicate" constantly between emails, cell phones and texting, but where is the quality of the communication? Her last few chapters discuss the outskirts of how to build these communities, to help families of those with mental illness as well as those with the illness--groups sharing what has worked for them with their disease and, most importantly, to express to them that "they are not alone." I was hoping for more CONCRETE ways to support this community idea for the benefit of all--patients, health care providers, families and friends. I did not find anything "tangible" in this book, and I am a very big fan of all the wonderful and selfless things the Carters do. Therein may lie my disappointment with the book. 0 of 0 people found the following review helpful. Five Stars By Barbara Whitehead Great book 0 of 0 people found the following review helpful. There is real hope! By Miss Deb I recommend this book for everyone who suffers from mental illness. I always believed there was hope for recovery regardless of what the doctors told me. This book validated this for me. I look forward to feeling "normal" and belonging in the world. Thank you Mrs. Carter for your selfless efforts advocating for those who don't have a voice.

In Within Our Reach: Ending the Mental Health Crisis, Rosalynn Carter and coauthors Susan K. Golant and Kathryn E. Cade render an insightful, unsparing assessment of the state of mental health. Mrs. Carter has been deeply invested in this issue since her husband's gubernatorial campaign when she saw firsthand the horrific, dehumanizing treatment of people with mental illnesses. Using stories from her 35 years of advocacy to springboard into a discussion of the larger issues at hand, Carter crafts an intimate and powerful account of a subject previously shrouded in stigma and shadow, surveying the dimensions of an issue that has affected us all. She describes a system that continues to fail those in need, even though recent scientific breakthroughs with mental illness have potential to help most people lead more normal lives. *Within Our Reach* is a seminal, searing, and ultimately optimistic look at how far we've come since Carter's days on the campaign trail and how far we have yet to go.

About the Author Rosalynn Carter, a driving force in the field of mental health throughout her public service career, is the best-selling author of *First Lady from Plains*. She lives in Plains, Georgia. Susan K. Golant has written more than 30 books and is coauthor of the award-winning *Helping Someone with Mental Illness* (with Rosalynn Carter). She lives in Los Angeles. Kathryn E. Cade serves as chair of the board of trustees of the Judge Baker Children's Center in Boston. She lives in Massachusetts.