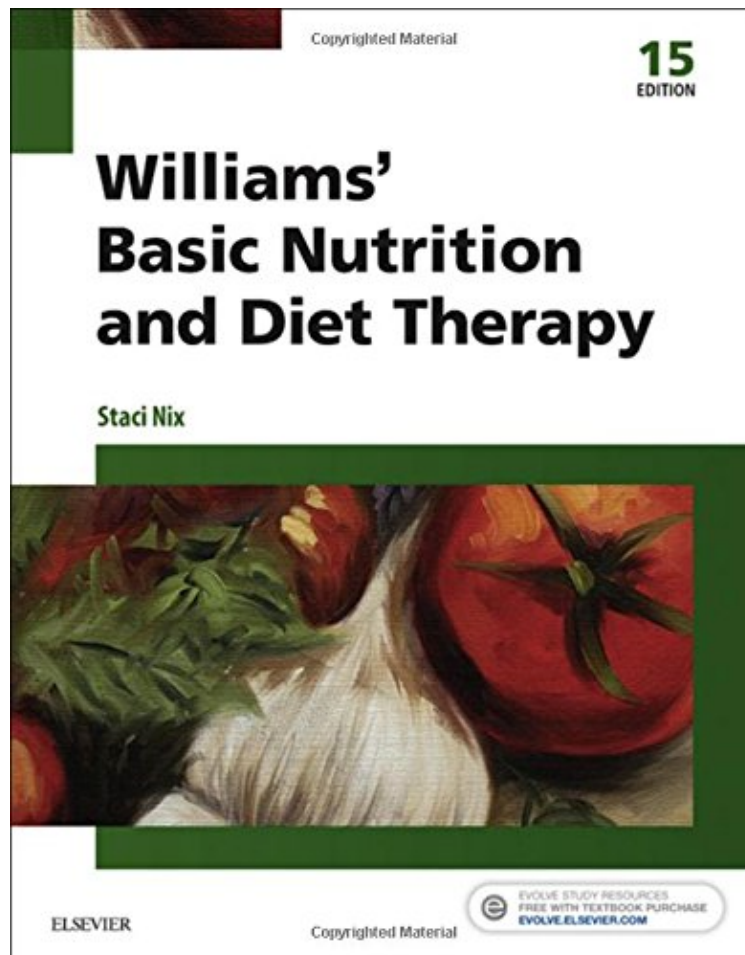


(Download) Williams' Basic Nutrition Diet Therapy, 15e (Williams' Essentials of Nutrition Diet Therapy)

# Williams' Basic Nutrition Diet Therapy, 15e (Williams' Essentials of Nutrition Diet Therapy)

Staci Nix MS RD CD

DOC | \*audiobook | ebooks | Download PDF | ePub



[Download](#)

[Read Online](#)

#65557 in Books 2016-08-04 Original language: English PDF # 1 11.00 x 8.50 x .751, .0 #File Name: 0323377319528 pages | File size: 67.Mb

**Staci Nix MS RD CD : Williams' Basic Nutrition Diet Therapy, 15e (Williams' Essentials of Nutrition Diet Therapy)** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Williams' Basic Nutrition Diet Therapy, 15e (Williams' Essentials of Nutrition Diet Therapy):

0 of 0 people found the following review helpful. Five Stars By Mike Rogers This book helped me in the class I was taken. 0 of 0 people found the following review helpful. Five Stars By Dot Stefanich As described! 0 of 0 people found the following review helpful. In general the book information is very interesting, i ... By Lilia Falk In general the book information is very interesting, i had learned new important things about nutrition. The book is a requirement for my class.

For concise, need-to-know coverage of the most up-to-date topics and research in nutritional care turn to Williams

Basic Nutrition Diet Therapy, 15th Edition. This market leading text provides coverage of hot topics, emerging trends, and cutting-edge research, plus all the essentials for providing the best nutrition care. And with its conversational writing style, vivid illustrations, and wide array of reader-friendly features you can easily understand how the concepts in the book can be applied in clinical practice. Case studies with accompanying questions for analysis in the clinical care chapters focus your attention on related patient care problems. Cultural Considerations boxes discuss how a patient's culture can affect nutritional concepts in practice. Clinical Applications and For Further Focus boxes highlight timely topics and analyze concepts and trends in depth. Bulleted chapter summaries review highlights from the chapter and help you see how the chapter contributes to the book's "big picture." Diet therapy guidelines include recommendations, restrictions, and sample diets for major clinical conditions. Drug-Nutrient Interactions boxes highlight important safety information and cover topics such as nutritional supplements for athletics, drugs interfering with vitamin absorption, and over-the-counter weight loss aids. Key terms and definitions clarify terminology and concepts critical to your understanding and application of the material. NEW! Completely updated content incorporate the recently released 2015 dietary guidelines, Healthy People objectives, nutrition labels, common weight-loss diets, FDA/CDC statistics/warnings regarding trans fatty acids, disordered eating, and more. NEW! New chapter review questions reflect the latest NCLEX Exam format. Answers to these questions will appear in the appendix. NEW! Rewritten chapters on clinical nutrition take a more application-based approach and feature clarified explanations, enhanced readability, a focus on the most relevant and practical information, and new topics such as energy expenditure calculations, water balance, cirrhosis complications, diet plans for diabetes, and more. NEW! Updated Nutrition and Physical Fitness chapter written by sport dietitian Kary Woodruff reflects the latest research in the field, including new questionnaires used for exercise readiness, current recommendations for energy needs, and nutritional considerations for athletic performance. NEW! Updated Weight Management chapter written by certified adult weight management dietitian Theresa Dvorak reflects the latest research in the field, including the role of genetics, disordered eating, treatments for obesity, and more.