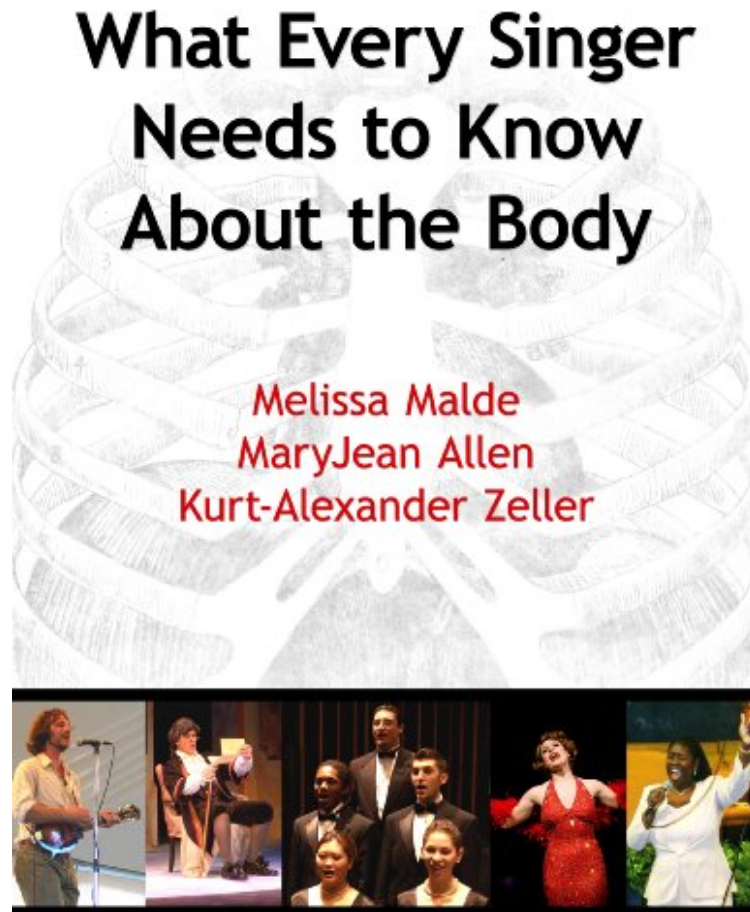


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What Every Singer Needs to Know About the Body

Melissa Malde, MaryJean Allen, Kurt-Alexander Zeller
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Melissa Malde, MaryJean Allen, Kurt-Alexander Zeller : What Every Singer Needs to Know About the Body
before purchasing it in order to gauge whether or not it would be worth my time, and all praised What Every Singer Needs to Know About the Body:

4 of 4 people found the following review helpful. What Every Singer Needs to Know about the Body By Janet A. This book is for the person who is serious about the physical aspects of singing and vocal pedagogy. I use it as a textbook. One of the best aspects is the series of "gray boxes" throughout which are full of helpful demonstrations and ways of testing oneself. The book is very well organized both as to subject matter and within the chapters. At the end of several chapters are lists of common errors and their pitfalls or frequently asked questions. I am particularly impressed with the chapters on articulation and physical expression. 2 of 2 people found the following review helpful. definitely what every singer needs. By snThe book itself came in mint condition so perfect thumbs up to that. The contents of the book are something that I think every singer should at least have some knowledge of if they ever want

to really push themselves and allow their body to work to its full potential to produce the best sound.0 of 0 people found the following review helpful. What the title says....it's true!By Nancy R. KlingmanIt may not be the complete and whole story in the universe. But it comes close! If you sing and/or teach singing, you will find so much practical use for this book. I highly recommend it.

How well do you know your body? Well, here's how and what's what of your vocal instrument -- your entire body -- not just the larynx, are contained succinctly, clearly, and simply in this practical book. *What Every Singer Needs to Know About the Body* gives singers, their teachers, and coaches a Body Mapping resource: teaching readers how to embody anatomy and physiology to help them discover and correct their misconceptions about the way their bodies are built and the way they function. In doing so, it provides maps with detailed descriptions of the structures and movement used in breathing, phonation, resonance, articulation and gesture illuminated with numerous illustrations and supported by many exploratory exercises. The three authors Malde, Allen, and Zeller are licensed Andover Educators teaching the exciting and beneficial course: *What Every Musician Needs to Know About the Body*. Barbara Conable, who created the course and Andover Educators, provides an Introduction to the book, and author Malde provides *How to Use this Book*. As experienced voice teachers and licensed Andover Educators, the three authors offer a wealth of information in this book. Chapters include: *Body Mapping, Kinesthesia and Inclusive Awareness, The Core of the Body and the Six Places of Balance, the Singer's Breath, Creating a Singing Sound, Resonating the Voice, Singing as Communication: Mapping the Structures of Articulation, and Physical Expression for Singers*. The two appendix are: *What To Do about Performance Anxiety*, by Barbara Conable, and *The Scientific Basis of Body Mapping*, by T. Richard Nichols.

"I love this book! It takes you beyond the physiology and theories of singing and gets you into your body. I plan to keep this book handy in my studio bookcase for the rest of my teaching career."