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Dr. Thomas F. Vail

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Weekend Doctor

**A reference guide to foot conditions and treatments
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By Dr. Thomas F. Vail

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Throughout the span of 2009 to 2013 Dr. Thomas F. Vail, a board certified foot surgeon, published articles for the 'Weekend Edition' of The Courier newspaper, in Findlay, Ohio. A practicing podiatrist in the community for over 25 years, Dr. Vail shared his knowledge and insight into particular foot ailments concentrating on how to diagnose and treat the most common conditions seen in his practice. This book organizes his articles in a convenient reference book that will help families understand their foot pain and the best treatments that are available. From childhood thru adult Dr. Vail tackles everything from sports injuries to ingrown toenails. Foot pain is not normal! Gain peace of mind and keep this book handy as each of your family takes it's over 216 million steps in a lifetime.