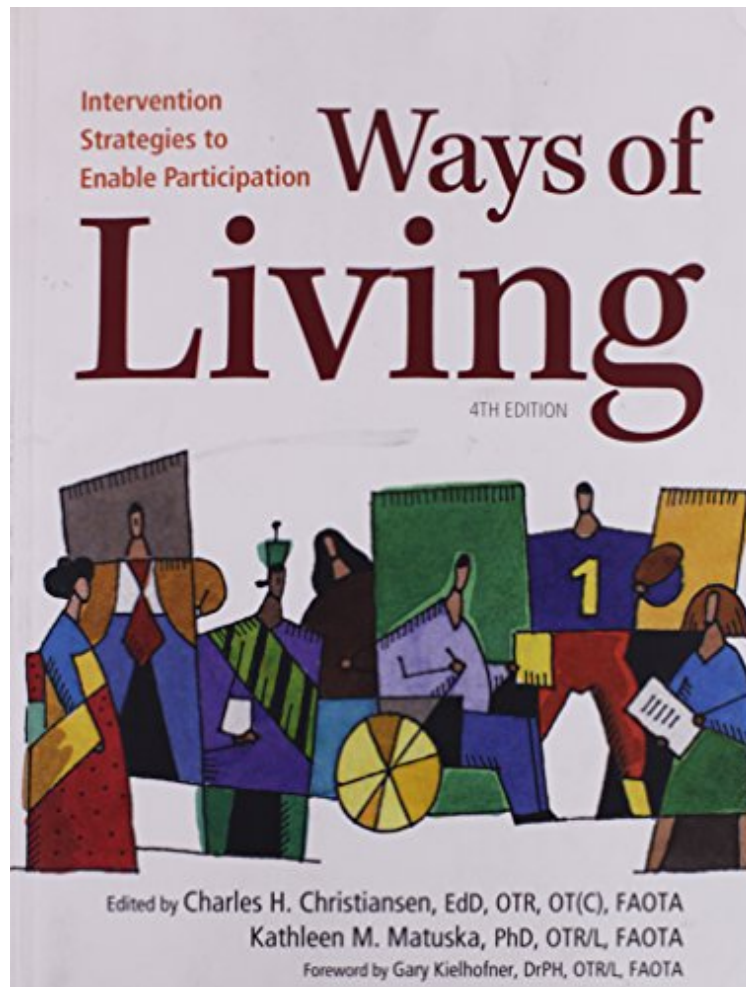


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Ways of Living: Intervention Strategies to Enable Participation

Charles H. Christiansen, Kathleen M. Matuska
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#722431 in Books AOTA Press 2011-04-01 Original language: English PDF # 1 10.90 x 1.30 x 8.50l, 3.35
Binding: Perfect Paperback 566 pages | File size: 74.Mb

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People experience and value their health in terms of its impact on their lives or their ability to participate in life.

Occupational therapy strives for meaningful occupational performance as an outcome with clients, recognizing that physical, mental, and emotional health can enable that outcome. Occupational therapy services address aspects of care that mean the most to clients. This comprehensive, updated edition reflects the terminology of the Occupational Therapy Practice Framework and content in light of the new realities of health care, including intervention strategies beyond adaptation to ADL and IADL challenges. Strategies, including evaluation and planning, are featured on topics such as developmental disabilities, rheumatic diseases, spinal cord injury, stroke, movement disorders, upper-extremity amputation, severe burns, Alzheimer's disease, traumatic brain injury, psychiatric disabilities, vision loss, sexuality and disability, assistive technology, environmental adaptations, and home-based care.

About the Author Charles H. Christiansen, EdD, OTR, OT(C), FAOTA, is Executive Director of the American Occupational Therapy Foundation. Previously, he spent three decades in various academic leadership roles, including service at the University of Minnesota, the University of Texas Medical Branch, and the University of British Columbia. Dr. Christiansen holds degrees in educational administration, counseling psychology, and occupational therapy. His scholarly and scientific interests inhabit the domain of lifestyle and health, with a focus on individual patterns of activity over the life course and how these influence well-being. He is particularly interested in how the interconnections of social, psychological, and neurophysiological mechanism explain adaptation to stressful circumstances. Kathleen M. Matuska, PhD, OTR/L, FAOTA, is Professor and Master of Arts in Occupational Therapy Program Director in the Henrietta Schmoll School of Health at St. Catherine University. Dr. Matuska has extensive clinical experience in the area of physical rehabilitation, with a special interest in healthy living and life balance for all persons. Her primary areas of interest and research include life balance, fatigue management, multiple sclerosis, and healthy aging.