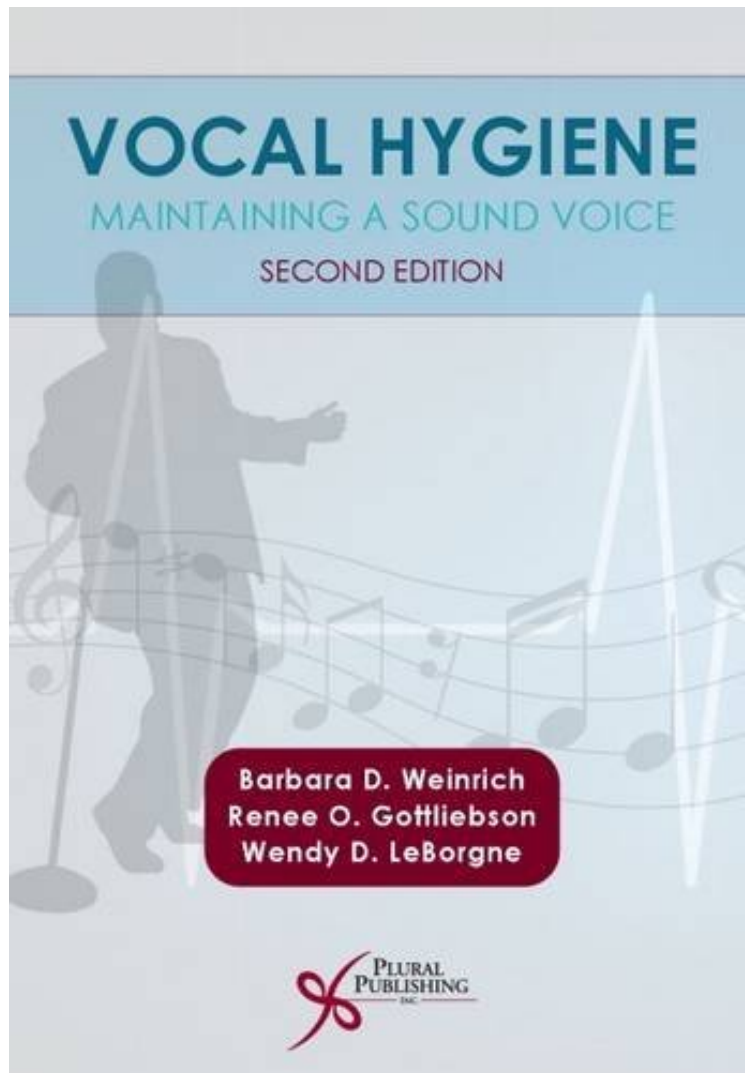


(Ebook pdf) Vocal Hygiene: Maintaining a Sound Voice, Second Edition

## Vocal Hygiene: Maintaining a Sound Voice, Second Edition

*Barbara Weinrich, Renee O. Gottliebson, Wendy D. LeBorgne*  
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**Barbara Weinrich, Renee O. Gottliebson, Wendy D. LeBorgne : Vocal Hygiene: Maintaining a Sound Voice, Second Edition** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Vocal Hygiene: Maintaining a Sound Voice, Second Edition:

Vocal Hygiene: Maintaining a Sound Voice, Second Edition provides practical, didactic information regarding vocal dysfunction and strategies to promote vocal health. Vocal behaviors, environmental and nutritional factors, as well as the role of illness are presented with visual images to educate the general public regarding the practice of preventative

vocal care. The second edition includes newly developed sections for vocal hydration and vocal wellness for singers and speakers. This DVD is an excellent tool for patients in medical offices and clinicians in speech-language pathology training programs and includes an accompanying PowerPoint presentation which provides important information which defines vocal dysfunction and identifies factors to promote a healthy voice. Contents: What is Vocal Dysfunction? Promoting Vocal Hygiene Vocal Behaviors Environmental Factors Reflux Hydration Types of Vocal Hydration Improving Vocal Hydration Vocal Wellness for Singers and Speakers Voice-Body Connection/Body Awareness To Warm Up Your Breath and Your Body Vocal Warm Ups Vocal Cool Downs Resonant Speech With contributions by Elizabeth Erickson-DiRenzo.

About the Author Barbara Weinrich, PhD, CCC-SLP, is Professor Emerita in the Department of Speech Pathology and Audiology at Miami University (Ohio) and a Research Associate at the Center for Pediatric Voice Disorders, Cincinnati Children's Hospital Medical Center, Cincinnati, Ohio. Her research is focused on assessment and treatment of voice disorders, including a variety of approaches to unique voice problems, as well as research regarding treatment efficacy. Wendy DeLeo LeBorgne, PhD, CCC-SLP, is a voice pathologist, a singing voice specialist, and director of the Blaine Block Institute for Voice Analysis and Rehabilitation, and The Professional Voice Center of Greater Cincinnati. Additionally, she holds an adjunct faculty position at Cincinnati College-Conservatory. Dr. LeBorgne's original, peer-reviewed research on the performing voice has been published in multiple scientific journals and she presents nationally and internationally on the professional performing voice. Dr. LeBorgne teaches workshops and master classes on vocal health and belting at major music schools and conservatories throughout the United States. Her clients can be found on local and national stages as well as TV and film. Dr. LeBorgne also maintains an active professional performing career.