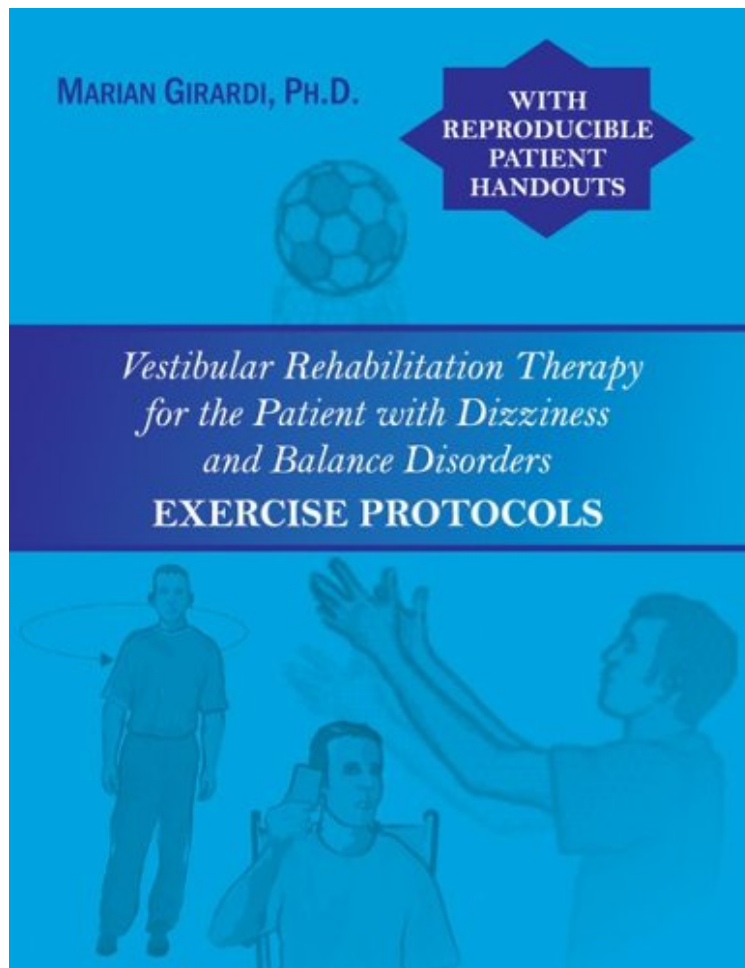


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## Vestibular Rehabilitation Therapy for the Patient with Dizziness and Balance Disorders: Exercise Protocols (Second Edition)

*Marian Girardi, Ph.D.*

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**Marian Girardi, Ph.D. : Vestibular Rehabilitation Therapy for the Patient with Dizziness and Balance Disorders: Exercise Protocols (Second Edition)** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Vestibular Rehabilitation Therapy for the Patient with Dizziness and Balance Disorders: Exercise Protocols (Second Edition):

9 of 9 people found the following review helpful. Seems meager for the price By Pollira I'm a neurologist, and have been performing VNG testing. I refer patients to a nearby therapist, and we are working to put together a dizziness diagnosis and treatment program. I bought this book (English version) to expand my knowledge of vestibular rehabilitation. This is basically a workbook, and there is relatively little information on when and why you should use

specific exercises. Disappointing. 2 of 2 people found the following review helpful. Very useful in daily practice  
By ferI miss a little bit more explanation on the basis of exercises. But it's useful in daily practice anyway .MD PMR.1  
of 3 people found the following review helpful. Great read!  
By DrdougmanThis book is very easy to read and understand, no matter what your interest in vestibular therapy is.

**HEALTH / THERAPY / VESTIBULAR / PATIENT HANDOUTS.** Balance disorders and dizziness are among the most common reasons for falls to occur in our aging population. It is estimated that almost 85% of these falls involve the vestibular system. However, with correct assessment and proper treatment (Vestibular Rehabilitation Therapy), first falls and repeat falls can be prevented for balance-disordered people. Dr. Marian Girardi has studied and compiled important data to assess and treat vestibular disfunctions. She has documented and grouped this valuable information into an easy-to-understand format to include: Anatomy and physiology of the vestibular system. Identifying the patient with vestibular problems. Assessment tools for vestibular diagnosis. Risk and safety factors for falls. Treatment using VRT (Vestibular Rehabilitation Therapy). VRT exercises for vision, head and eye movements to improve and maintain long-term balance and gait. 22 reproducible patient handouts for easy duplication. A valuable resource book for healthcare students, therapists, and professionals.

**About the Author** Author Marian Girardi suddenly passed away in January of 2005, shortly after approving the cover design of her book. Although she will no longer be able to experience the satisfaction of teaching clinicians or of helping balance-disordered and falls-risk patients, her legacy of compassionate caring, particularly for the elderly, will be forever preserved through the publication and distribution of this book. Even though she will be sorely missed by her friends and colleagues, her writing ensures that Dr. Marian Girardi will always live on because her words will help improve the quality of life for people all over the world for many, many years to come.