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Geoff D. Maitland

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Geoff D. Maitland : Vertebral Manipulation: A Case Study in Low Back Pain (The Maitland Video Collection) before purchasing it in order to gauge whether or not it would be worth my time, and all praised Vertebral Manipulation: A Case Study in Low Back Pain (The Maitland Video Collection):

Translated into major languages, the worldwide best-selling book "Vertebral Manipulation" by Geoff Maitland forms one of the corner stones of modern manual therapy. Here Geoff Maitland practises the techniques described in his text during this case study of a patient presenting with back pain, and details his thorough assessment, treatment and continual reassessment during one week. This video illustrates: a unique opportunity to be involved in a master class study and insight into the concepts, and practice, of Geoff Maitland's work; invaluable insight into the Maitland method of examination and treatment, with all the underlying philosophies described and applied to one particular case; and, a helpful and informative voiceover which describes why some of the treatment options were taken. Geoff Maitland's work comes alive during a rare occasion to see this world class practitioner in an informal clinic situation. Running time: 75 minutes Also available: "Peripheral Manipulation": a case study in shoulder pain - approx running

time 90 minutes Some of the methods demonstrated here represent short cuts to effective treatment techniques and should not be tried by inexperienced practitioners or unsupervised students.