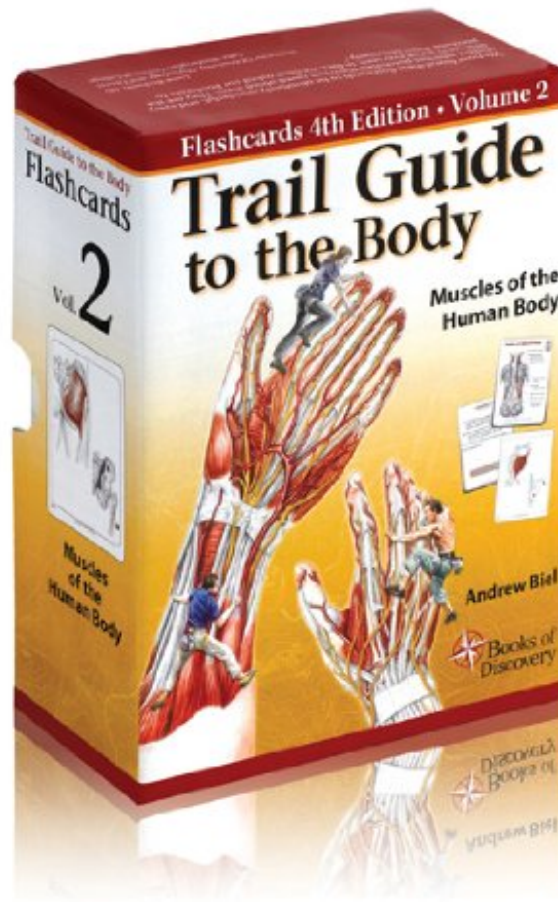


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Trail Guide to the Body Flashcards Vol 2: Muscles of the Body

Andrew Biel

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#603934 in Books 2010-09-01 Original language: English PDF # 1 2.30 x 4.40 x 5.90l, Binding: Cards 187 pages | File size: 17.Mb

Andrew Biel : Trail Guide to the Body Flashcards Vol 2: Muscles of the Body before purchasing it in order to gauge whether or not it would be worth my time, and all praised Trail Guide to the Body Flashcards Vol 2: Muscles of the Body:

17 of 17 people found the following review helpful. Muscle Flashcards are a big help! By Paula I purchased the Trail Guide to the Body Vol. 2 Muscles of the Body flashcards to help me learn the muscles of the body. My Anatomy and Physiology Class requires students to learn the muscles, the origin, insertion, and action of each muscle. These flash cards are very nice. They list the O,I,A of each muscle as well as a quick guide to the location, key to bony landmarks and action to palpate a muscle. The flashcards cover the muscles of the shoulder and arm, muscles of the forearm and hand, muscles of the spine and thorax, muscles of the head, neck and face, muscles of the pelvis and thigh and muscles of the leg and foot. They give you a metal ring to put the cards on so you can flip through them. This set of cards

makes it easy to learn the muscles of the body and the ring makes it easy to carry them around. 6 of 6 people found the following review helpful. Perfect! By Leann I am beyond ecstatic at how awesome these flashcards look. They are so well organized, amazingly drawn and super helpful. I only had a book of muscles before that didn't really show/label the other muscles around the particular muscle I was trying to study. These flashcards show all the muscles together on a few cards (labeled on one side and not on the other to test your knowledge) and then show the muscles by themselves. I really like how all the flashcards are numbered at the bottom to keep them in a nice order, labelled at the top by muscle group and the flashcards even have a bonus metal ring to put the flashcards on to study on the go! 0 of 0 people found the following review helpful. and I am so glad that I did By Sarah Anderson I bought these cards because I didn't want to write hundreds of cards by hand, and I am so glad that I did. In addition to origin, insertion, action, and innervation, you also get great pictures of each of the muscles in isolation, and pictures that include only lines of exactly where the muscles originate and insert. There are additional cards with all of the muscles of a region of the body, so you can get a good idea of how the muscles are laid out in relation to one another.

Flashcards are a powerful way to learn and memorize anatomical structures - especially when they have images identical to those in the textbook. Repetition aids retention! Volume 2 covers the muscles of the human body with 189 cards. These flashcards cover the following chapters in Trail Guide to the Body: ?Shoulder/Arm ?Forearm/Hand ?Spine/Thorax ?Head/Neck ?Pelvis/Thigh ?Leg/Foot Features of these flashcards include: ?Beautiful, hand-drawn illustrations in a two-color format ?A list of the Action, Origin, Insertion and Nerve innervation (AOIN) of each muscle ?Pronunciation of each muscle ?Page references in the bottom corner for finding more information in Trail Guide to the Body ?Quick symbols in the upper right-hand corner ?Call-out letters (a, b, c, d) next to each structure to help you identify the specific structure in question ?Binder ring that lets you organize cards to study only those you need ?Durable, coated cards (5 1/2" x 4") that are easy to handle and made to last