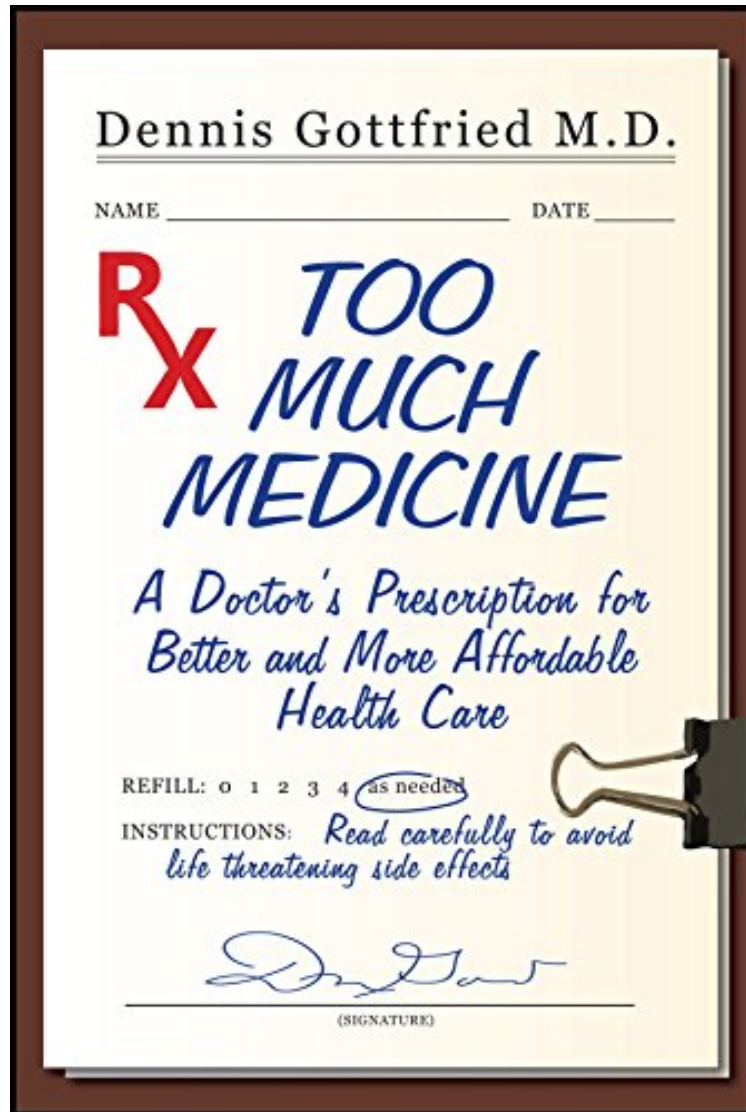


# Too Much Medicine: A Doctor's Prescription for Better and More Affordable Healthcare

*Dennis Gottfried*

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**Dennis Gottfried : Too Much Medicine: A Doctor's Prescription for Better and More Affordable Healthcare** before purchasing it in order to gage whether or not it would be worth my time, and all praised Too Much Medicine: A Doctor's Prescription for Better and More Affordable Healthcare:

1 of 1 people found the following review helpful. Praise for Too Much Medicine: A Doctor's Prescription for better .....By Joyce C. HinmanWho says, "The new approach is a much better way of treating the patient." Certainly not Dr.

Gottfried. When you get on the medical merry-go-round with more and more specialists needed to diagnose and treat a medical issue, as a lay person you often think it must be to minimize the chance of legal recourse against a doctor and then thank God you have good health insurance to pay all the specialists. It's nice to hear a doctor not only support what you have thought, but say this isn't necessarily good medicine-just expensive medicine. Thank you Dr. Gottfried. 2 of 2 people found the following review helpful. Too Much Medicine By Mary Benisek This is an excellent no-nonsense book which details the facts regarding the proliferating number of drugs and tests to which we are subject. It is a handy reference guide to use the next time your physician suggests a medication or test. In many cases it will make you think twice before consenting. 6 of 7 people found the following review helpful. MUST READING By W. J. Allen This is a much needed, sensible book to remind us what true medical treatment ought to be about. Dr. Gottfried has boldly, but graciously, pointed out many excesses, problem areas, and improper reasons for our sky-high health care costs. He has documented his findings extensively and is not bombastic or iconoclastic -- he just gives the facts and his conclusions. I know him, as he is my doctor, and I'm grateful for his common-sense approach to medicine. I'm not sure his "solutions" are really sufficient, but his analysis of the problems is outstanding. He is not doing this for fame or fortune, but out of a demonstrably-evident desire to share what he has learned.

In the process of explaining the failures of our medical system, Dr. Gottfried provides information that will enable readers to take control of their own medical destiny, as well to offer solutions to the question of what our government can do about Too Much Medicine, and the dramatic reduction in health care costs.

"What we need to know about medical testing could fill a book. Thankfully, Dennis Gottfried wrote it. Dr. Gottfried's engaging and thoughtful look at the medical industry is must reading for anyone who goes to a doctor, or might conceivably need one someday." Alan Colmes, Hannity and Colmes Too Much Medicine describes how medical decisions are made and why concern for the patient's well-being may get overlooked by financial motives and defensive medicine. Written by a busy physician in active practice, Too Much Medicine is foremost about providing people with the best healthcare. Gottfried understands the strengths and weaknesses of American medicine and explains in plain language the reasons for needless, excessive, and often harmful healthcare, and how to prevent it. In the process of explaining the failures of our medical system, Dr. Gottfried provides information that will enable readers to take control of their own medical destiny, as well to offer solutions to the question of what our government can do about Too Much Medicine, and the dramatic reduction in health care costs. From the Back Cover "What we need to know about medical testing could fill a book. Thankfully, Dennis Gottfried wrote it. Dr. Gottfried's engaging and thoughtful look at the medical industry is must reading for anyone who goes to a doctor, or might conceivably need one someday." -- Alan Colmes, Fox News This work is thorough, referenced without bias, and contains good advice and a workable prescription for better health care. I trust Dr. Gottfried's advice and highly recommend this book." -- Eric G. Tangalos, M.D., Professor of Medicine, Chair (Emeritus), Primary Care Internal Medicine, Mayo Clinic College of Medicine This book will educate and stimulate those who are interested in participating in the dialogue about what is right and what is wrong in American medicine today and the next steps we as a nation must take." -- Lynn Y. Kosowicz, M.D., Associate Professor of Medicine, University of Connecticut School of Medicine "This book helps open dialogue on the complex forces at work in modern medicine, and promotes the idea that, to get the best results, you need to find and establish a relationship with a primary care physician you can trust." -- Dr. Bruce Leppink, M.D., Family Practice Physician, St. Paul, Minnesota About the Author Dennis Gottfried, MD, has been in private practice for over 25 years and he is also an associate professor of medicine at the University of Connecticut, USA. Medical School.