

(Free download) Tinnitus: The Complete Self-Help Guide

Tinnitus: The Complete Self-Help Guide

Bill Habets

*ebooks | Download PDF | *ePub | DOC | audiobook*



#2930465 in Books United Research Publishers 2004-04 Original language: English PDF # 1 .47 x 5.32 x 8.50l, #File Name: 1887053204212 pages | File size: 47.Mb

Bill Habets : Tinnitus: The Complete Self-Help Guide before purchasing it in order to gage whether or not it would be worth my time, and all praised Tinnitus: The Complete Self-Help Guide:

0 of 0 people found the following review helpful. Best book on Tinnitus By Terry W. Strong I have had tinnitus for over 11 years This is an excellent book I would highly recommend it 2 of 2 people found the following review helpful. Usless By M. Kay This is a hash of old pretty useless data put together is in a boring format. If you have this affliction I suggest going elsewhere for answers. 0 of 1 people found the following review helpful. Five Stars By SRM Good book

The book contains a wealth of information on Tinnitus - what causes unwanted noises, how to deal with them, ways to relieve symptoms and preventative measures you can take. The book provides up-to-date information on natural alternative and medical remedies that can bring relief.

"After suffering from tinnitus for 35 years, I finally have options for attempting to try different approaches." -- WG - Ambler, PA "I benefited from learning the causes of tinnitus and was surprised how my medication may be causing problems." -- LB - Fredericksburg, TX "I was impressed with all of the self-help tips and ideas as well as the excellent resource recommendations." -- MC - Pacific Grove, CA About the Author Julia Clerk has over 20 years of experience writing and editing books and articles for newspapers and magazines in technical and health related areas.