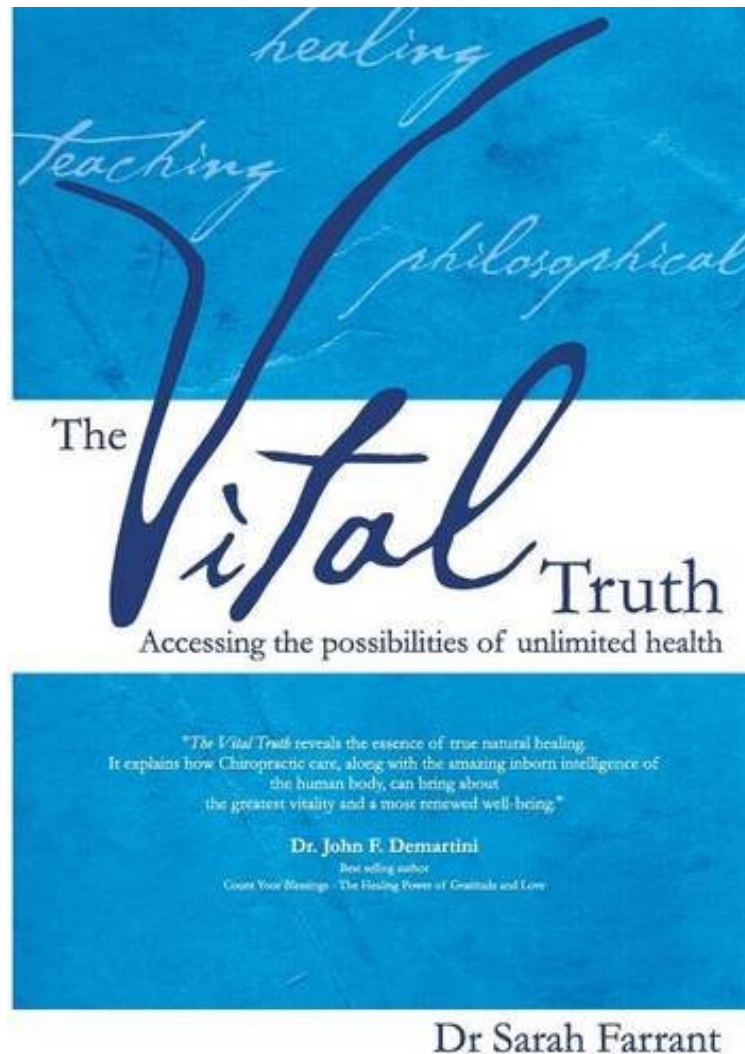


The Vital Truth: Accessing the Possibilities of Unlimited Health

Dr Sarah Farrant

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Dr Sarah Farrant : The Vital Truth: Accessing the Possibilities of Unlimited Health before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Vital Truth: Accessing the Possibilities of Unlimited Health:

0 of 0 people found the following review helpful. This is one of the best books about health I gave read By ACounsell find it hard to find people who have a similar philosophy around health that I do. I found it in this book by Dr Sarah Farrant. I would recommend this book to anyone who wants to learn the true meaning of health and understand about the body's innate intelligence to heal itself. Every expression of health happens for a reason, when we understand this we can help our body to self heal not stop the expression with drugs. This book is essential for any parent who wants

to teach their child about the true meaning of health0 of 0 people found the following review helpful. Five StarsBy Ann HydeAmazing insight into health, well being and healthcare.0 of 0 people found the following review helpful. An honest and unique readBy Malinda MuirAn absolute wealth of information in regard to the amazing innate intelligence of the body. I would highly recommend this book to everybody, especially if wanting to change your thinking in relation to what 'health' actually is and how we can empower ourselves to be in control of our choice of health care and life in general. A truly inspiring read that I continue to refer to month after month!

If you want to learn how to tap into your own innate intelligence, aiding you to make the move towards a more balanced life perspective with greater amounts of health and vitality in your life, then you will discover incredible breakthroughs from one of the most influential thinkers on vitalistic wellness philosophy, Dr. Sarah Farrant. Her controversial book, 'The Vital Truth: accessing the possibilities of unlimited health' is impacting the lives of both health professionals and health consumers around the world as they tune into the understanding of how they can change their health consciousness and have an impact on the health of those around them. Dr Farrant challenges such concepts as where health comes from, how you get it and more importantly how you keep it.

About the AuthorThere are a few times in someone's life where an inspirational person comes along with a different and profound message to share. A person who challenges conventional understanding and breaks out of existing paradigms of thought. Dr Sarah Farrant's experience, knowledge and philosophy is clearly ahead of its time. Her revolutionary approach to health and vitality is reshaping how people see themselves and their health - not only individually but at a family, community, city, state, national and global level. With qualifications in Physical Education, General Science, and Psychology in addition to her Doctor of Chiropractic degree, Dr Farrant brings a sound understanding to her teaching. Yet it's not simply her qualifications that speak - Dr Farrant shares moments from her own life in which she has chosen to listen to her soul. As an international speaker she enables people to have their minds opened moving them to new and exciting opportunities and possibilities. When she speaks people listen.