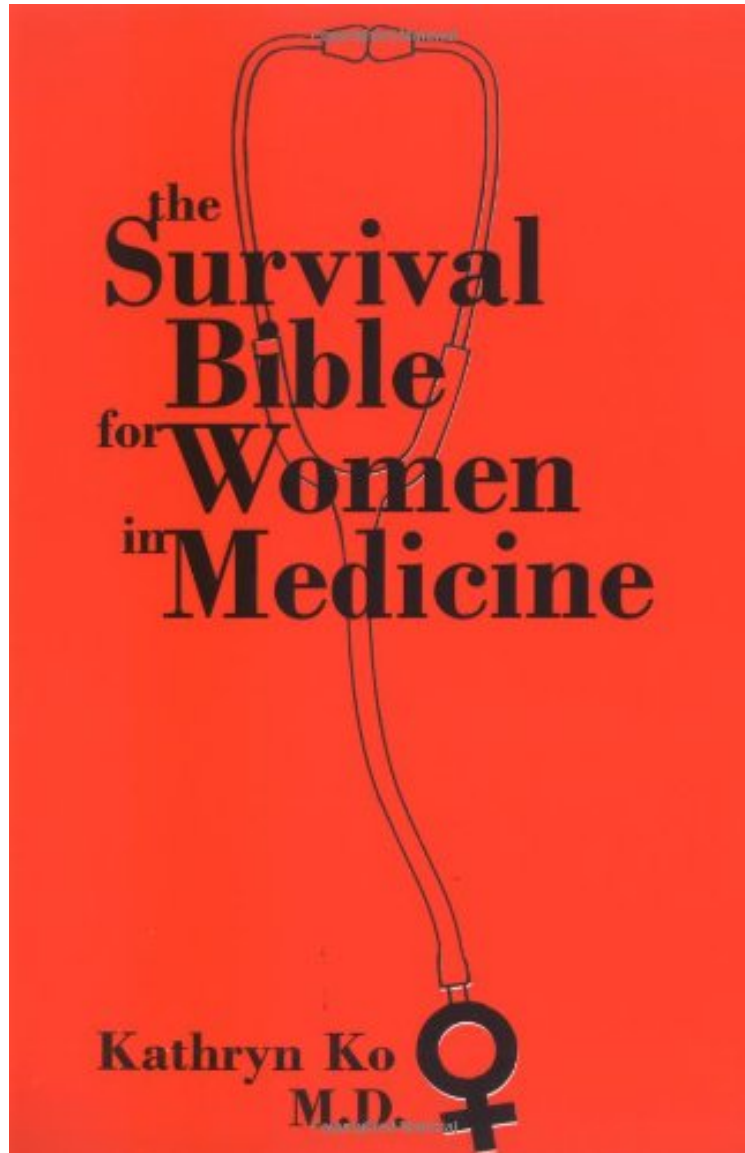


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The Survival Bible for Women in Medicine

K. Ko

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K. Ko : The Survival Bible for Women in Medicine before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Survival Bible for Women in Medicine:

3 of 7 people found the following review helpful. EmmetMDBy Emily EmmetI thought this book was moderately helpful. I'm about to start my residency in OB-Gyn and this book offered a few helpful hints. Most of it seemed to be common sense, however. If you've made it through med school, you'll probably already know most of the information. Some of the chapters about medicine being so male dominated seemed a little out of date.

This is the first practical women's guide on how to succeed in medical residency. Herself a practicing neurosurgeon who survived 6 years of residency, 2 years of fellowship, and over 1,000 nights on call, author Kathryn Ko explains in detail how women can finish residency in top form while remaining truly feminine and not missing out on life. Dr. Ko's book contains seven main chapters, beginning with detailed instructions on how to prepare for residency between Match Day and July 1. Other chapters explain how to look your best at the right time, the anatomy of the on call bag, quick tips on preparing professional grand rounds on short notice, help from nurses and mentors, how to avoid falling prey to sexual discrimination and harassment, childcare options, publishing and presentations and how to give a good impression, how to learn procedures and surgery taught by men, how to use technology to make life simpler, how to organize your home and personal and social affairs, and all about the business of medicine, including contracts, malpractice, and finances. Includes bibliographic references and an index.