

(Free download) The Social Psychology of Health: The Claremont Symposium on Applied Social Psychology

## **The Social Psychology of Health: The Claremont Symposium on Applied Social Psychology**

*Shirlynn Spacapan, Stuart Oskamp*  
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**Shirlynn Spacapan, Stuart Oskamp : The Social Psychology of Health: The Claremont Symposium on Applied Social Psychology** before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Social Psychology of Health: The Claremont Symposium on Applied Social Psychology:

The two major features of health psychology - psychosocial mediators of health status and health promotion programmes - are addressed in this volume. Focusing on social, cognitive and contextual factors which may reduce or prevent stress associated with illness, the first part discusses normative data collected for Cohen's Perceived Stress Scale, cognitive factors of 'perceived control', practical implications for intervention and the effect of social support for cancer patients. The second part considers the work setting for health promotion, the successful Stanford Health Disease Prevention Program and the promotion of quality of life through effective public policy.

About the Author Stuart Oskamp (Ph.D., Stanford University) has focused his research interests in the areas of attitudes and attitude change, applied social psychology, behavioral aspects of energy and resource conservation, and

social issues and public policy. His books include *Attitudes and Opinions* and *Applied Social Psychology*. He has been elected a member of the American Psychological Association (APA) Council of Representatives and President of the Society for the Psychological Study of Social Issues (SPSSI) and of the APA Division of Population and Environmental Psychology. He has also served as editor of the *Journal of Social Issues* and of the *Applied Social Psychology Annual*. Since 1984 he has organized the Claremont Symposium on Applied Social Psychology and co-edited the resulting annual volume published for many years by Sage Publications and now published by Erlbaum.