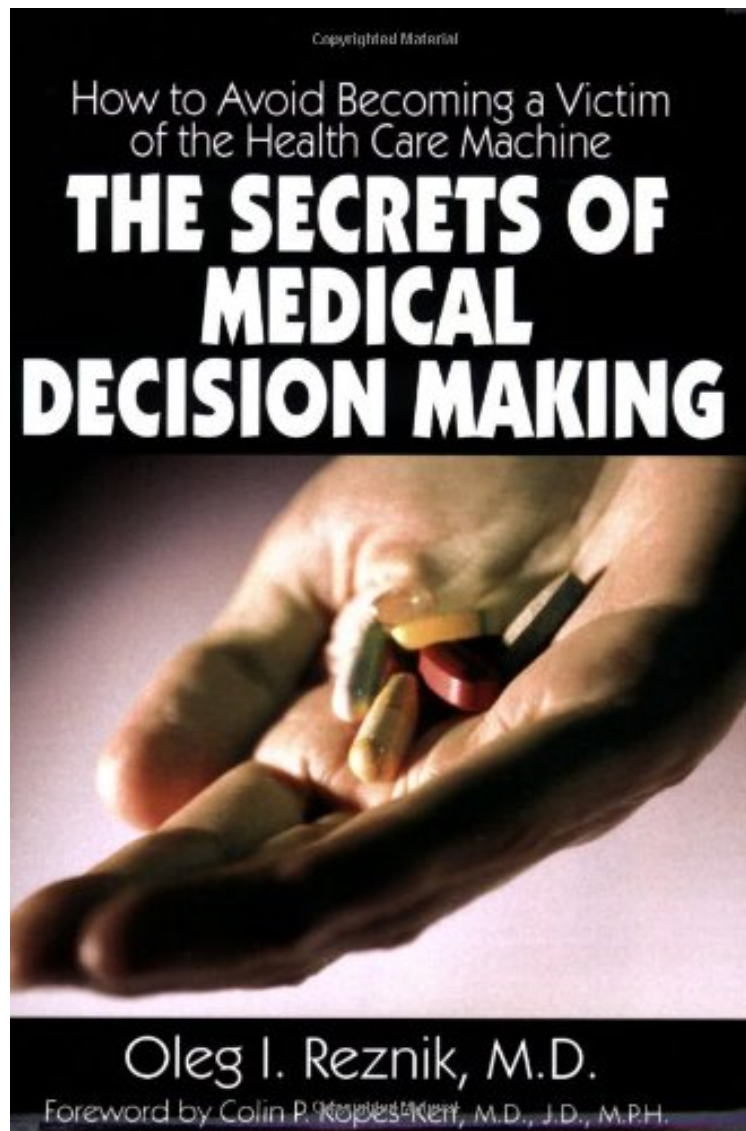


The Secrets of Medical Decision Making: How to Avoid Becoming a Victim of the Health Care Machine

Oleg I. Reznik

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Oleg I. Reznik : The Secrets of Medical Decision Making: How to Avoid Becoming a Victim of the Health Care Machine before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Secrets of Medical Decision Making: How to Avoid Becoming a Victim of the Health Care Machine:

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industry and it's wasteful and dangerous business scams. What you will learn may save your life. 0 of 0 people found the following review helpful. Take a good look! By K. A. The western medical system is considered to be one of the best in the world. In who's opinion? The doctors? Pharmaceutical companies? What about the patients? Our healthcare has become a "system," a machine driven by costs and profits. Patients suffer needlessly as a result of our economic focus on a service industry. The ethics in healthcare have been replaced with a profit and loss statement. Is it the doctors' fault? The insurance companies? Where did we as a society drop the ball on improving patient outcomes? This book gets into the nitty gritty. While we all have our own opinions of what is wrong with our health care system, Dr. Resnik concisely and simply lays out his thoughts supported by case studies, statistics, and a multitude of interesting facts about how the system works...and where it fails us. As a patient, I found this book to be extraordinary and interesting. It brought out what I had felt for years about my own health care. As a professional health care practitioner, it gave me more facts and information to arm my patients with. So, if you are a patient, or in the health care field, you will find this a fabulous and worthy read. He coins the term "medical box" to describe the compartmentalized thinking and treatment protocols. He addresses many medical diagnostic tests from a patient perspective. Then he layers the societal, physician, and family perspective on top of it. The information is like an ice cream sundae...good right to the bottom of it. His advice is invaluable. Resnik writes about how not to aggravate your doctor with threatening requests... it isn't helpful, especially for the patient. He discusses how the drug company reps sponsor CME programs... to who's advantage?! I enjoyed his discussion on health insurance. It truly is a double edged sword in getting what you want. He points out that you can usually get it, but is it necessary and that often, tests are run needlessly because of good insurance. Contrarily, are tests withheld if you have inadequate insurance? You will have to read it for yourself. I liked that he teaches patients how to be their own advocate, and to educate themselves more thoroughly about their diagnosis, testing and patient care. The patient should be involved to protect his interest. Leaving the medical decisions to the machine is dangerous. This book will wake you up to our medical system. It speaks the truth which isn't always easy to hear, but in that light it teaches you how to improve your care and that of your family. Don't pass on this read! He has done a great service for improving patient care by addressing this topic. I received a complimentary review copy. 8 of 8 people found the following review helpful. "Primum Non Nocere" By Lee Gooden House, E.R. and Grays Anatomy are not realistic portrayals of the American medical system. According to Dr. Resnik physicians are so afraid of litigation that any deviation from pre-set protocols to treat the patient as an individual and not the so-called disease is unusual. Doctors like Greg House, John Carter would be immediately dismissed and find it impossible to acquire mal-practice insurance. It is chilling to think that the media inspired idea of the omnipotent good-hearted doctor like Marcus Welby or reassuring throaty voiced Dr. Kelly Brackett from Emergency is so false. When sickness strikes us or a loved one, we expect that in this technological twenty-first century age of marvels that just like our cars or appliances that have "crapped the bed": A. We can be fixed with some kind of medication or therapy. Or B. Our parts can be removed and replaced and we can continue our lives already in progress and unabated. Doctor Reznik has pried our heads from the sand, removed our rose-colored glasses and has cut off our source of pap from the glass teat. He has taught us to advocate for ourselves and ask questions, even while the insurance and pharmaceutical behemoths perpetuate the myth that an American homeostasis of mental and physical health is only one more pill, test or procedure away.

We are all patients at some time. Is the medical industry giving us the best treatment possible, at the best price? We all know that it isn't. This new book shows what goes on behind the scenes of the current medical care and how it impacts the patient. Dr. Reznik describes actual cases from his clinical practice showing the most common paths that lead to increased patient suffering. This book offers possible solutions for outpatient, inpatient, preventive, and end-of-life care settings. Learn about: The Medical Box and how it affects the care you receive When to avoid risky and uncomfortable tests Hazards of under-treatment, over-treatment, and mistreatment How to make an informed medical decision in your best interests Cancer and how to approach your treatment Planning for quality of life during end-of-life issues Foreword by Colin P. Kopes-Kerr, MD, JD, MPH, Vice-Chairman of the Department of Family Medicine, and Program Director of the Family Medicine Residency Program, at University Hospital and SUNY Stony Brook School of Medicine, Stony Brook, NY. "The Secrets of Medical Decision Making should be read by everyone, because all of us are sometimes in need of medical care. It is an eye-opener, a call to arms and a guide." -Robert Rich, Ph.D., author of Cancer: A Personal Challenge "Dr. Reznik candidly exposes the conflicting interests inherent in contemporary medical practice. This empowering and insightful book is a must read for healthcare professionals and the patients they treat." -Beth Maureen Gray, R.N., B.S. "The Secrets of Medical Decision Making awakens the reader rather quickly with startling revelations about the lack of seriousness the health care industry has towards a society of wellness. If this book at least motivates its readers to become more involved in medical decision making when seeking treatment, it will have succeeded as a critically needed public service." - James W. Clifton, Ph.D., LCSW "As a Canadian and a health care provider this book frightens me. This book lays out what our country is headed for if we privatize health care in Canada. A must read for everyone working, or accessing, health care in North America and for anyone who has any doubts that we must take drastic action to preserve Universal Health Care in Canada." - Ian

Landry, MA, MSW, RSW