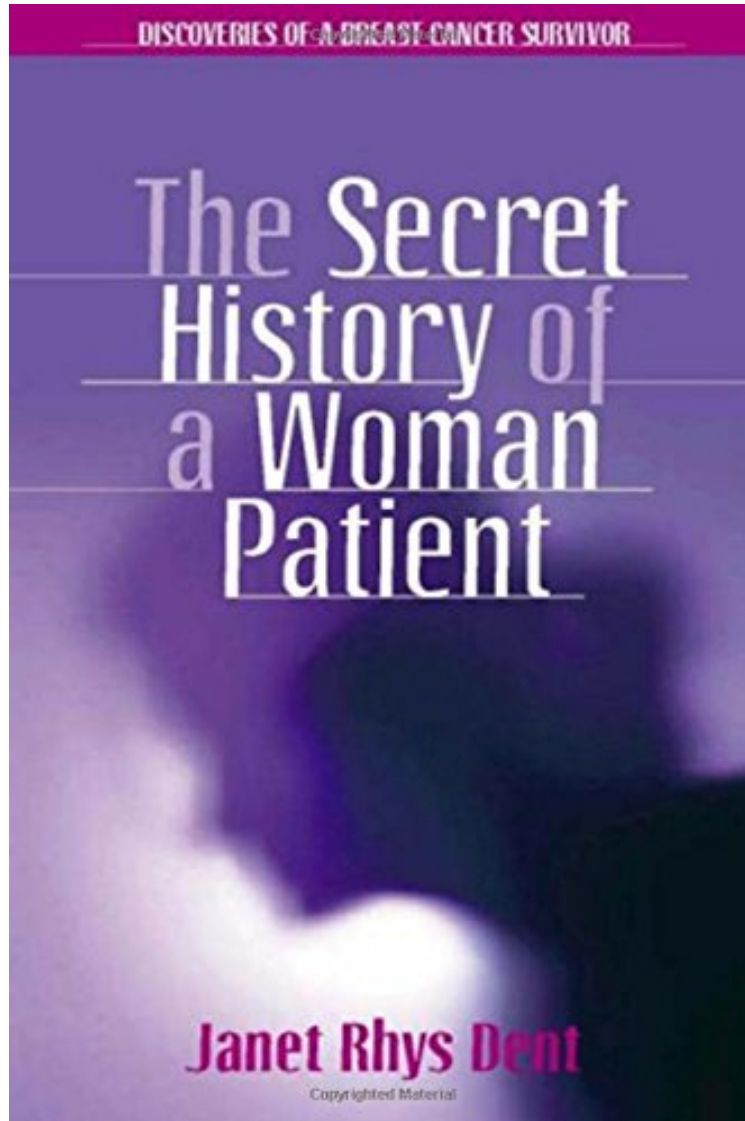


[Free] The Secret History of a Woman Patient

The Secret History of a Woman Patient

Janet Rhys Dent

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Janet Rhys Dent : The Secret History of a Woman Patient before purchasing it in order to gage whether or not it would be worth my time, and all praised The Secret History of a Woman Patient:

When Janet Rhys Dent is diagnosed with a life-threatening illness, she decides to try to be a "good patient". With any luck, this role will give her the best chance of recovery during the six months of medical testing and treatment that she faces. This book reveals her secret dilemmas and discoveries both inside and outside the hospital. It also records her

successes and many failures as she becomes seriously involved in the quest to find out what makes a good patient. Her experiences lead her to reflect on her life, to look further into the roles of patients, to join a support group and to seek information and enlightenment on internet sites and in philosophy and popular self-help methods. What she learns brings about a change in her attitudes, not only to being a patient but also to life and living. As to the essence of being a good patient, she discovers that the answer is simpler and more life-affirming than she had ever imagined. 'Though names and personal details have been changed for the sake of others' privacy, all the episodes in the book are true, real-life events. I portray the new world I am thrown into; the search for knowledge about it; the people I meet; my attempts to understand and trust the hospital staff, system and treatment; and my failures and successes in adapting to many other challenges both outside and inside the hospital.' - Janet Rhys Dent, in the Introduction.

Although the author writes about her experiences in the context of breast cancer diagnosis and treatment, her insights are relevant across a wide spectrum of disease and illness. -- JOURNAL OF ADVANCED NURSING How Janet Rhys Dent experiences the shifts in her life wrought by cancer is illuminating and insightful and weaves in commentary on sickness from a vast array of writers in a cogent, page-turning narrative. -- PSYCCRITIQUE How the author experiences the shifts in her life wrought by cancer is illuminating and insightful and weaves in commentary on sickness from a vast array of writers in a cogent, page-turning narrative.' -- PsycCritiques The text balances a personal account with an analytic approach that would be useful for patients and health professionals. -- Nursing Standard From the Publisher SYNOPSIS When Janet Rhys Dent is diagnosed with a life-threatening illness, she decides to try and be a 'good patient'. With any luck, this role will give her the best chance of recovery during the six months of medical testing and treatment that she faces. This book reveals her secret dilemmas and discoveries both inside and outside the hospital. It also records her successes and many failures as she becomes seriously involved in the quest to find out what makes a good patient. Her experiences lead her to reflect on her life, to look further into the roles of patients, to join a support group and to seek information and enlightenment on internet sites and in philosophy and popular self-help methods. What she learns brings about a change in her attitudes, not only to being a patient but also to life and living. As to the essence of being a good patient, she discovers that the answer is simpler and more life-affirming than she had ever imagined. 'Though names and personal details have been changed for the sake of others' privacy, all the episodes in the book are true, real-life events. I portray the new world I am thrown into; the search for knowledge about it; the people I meet; my attempts to understand and trust the hospital staff, system and treatment; and my failures and successes in adapting to many other challenges both outside and inside the hospital.' Janet Rhys Dent, in the Introduction About the Author Past lay member of medical research ethics committee and Community Health Council and former patient