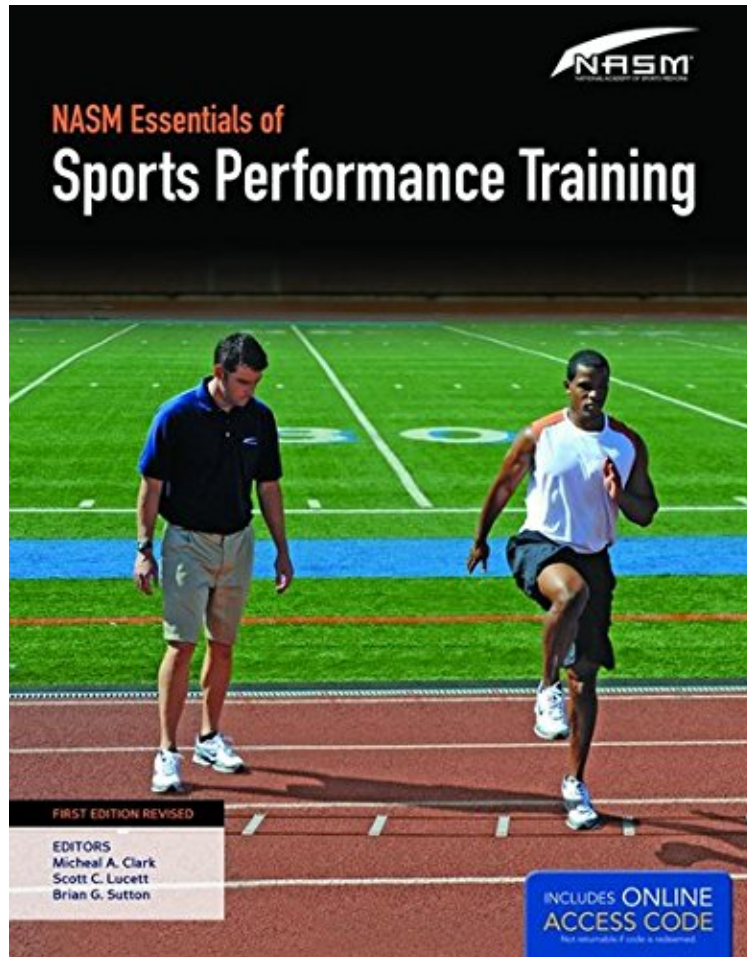


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NASM Essentials Of Sports Performance Training: First Edition Revised

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