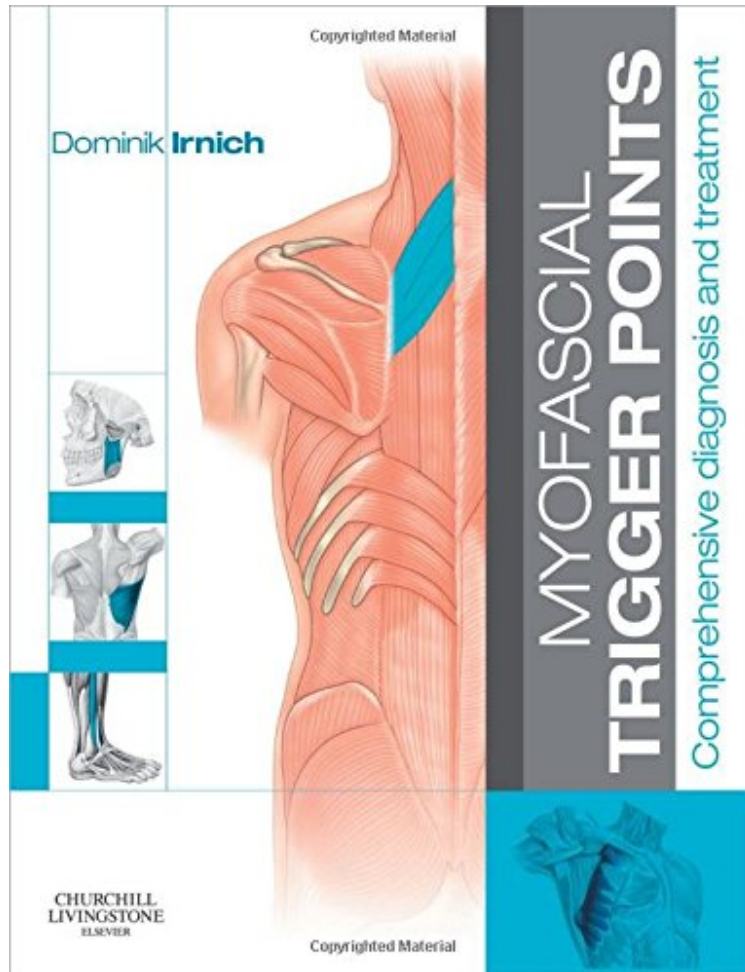


Myofascial Trigger Points: Comprehensive diagnosis and treatment, 1e

Dominik Irnich MD

**Download PDF | ePub | DOC | audiobook | ebooks*



[Download](#)

[Read Online](#)

#1528296 in Books Churchill Livingstone 2013-05-31 Original language: English 10.00 x 8.00 x 1.00, 2.73
#File Name: 0702043125584 pages | File size: 41.Mb

Dominik Irnich MD : Myofascial Trigger Points: Comprehensive diagnosis and treatment, 1e before purchasing it in order to gauge whether or not it would be worth my time, and all praised Myofascial Trigger Points: Comprehensive diagnosis and treatment, 1e:

0 of 0 people found the following review helpful. Very informative By JAY This book is mainly about acupuncture. If you looking to learn more about acupuncture this is the book to get. It also breaks down other facial release . Overall good book.

Edited by Dominik Irnich, MD, this clearly written and fully illustrated multi-contributor volume offers practical, comprehensive coverage of the subject area ranging from the latest scientific research findings to practical usage of

current manual therapy techniques. Including the latest information from centres of excellence throughout the world, this new book is suitable for osteopathic physicians, osteopaths, chiropractors, manual therapists, physiotherapists, acupuncturists and massage therapists as well as general physicians working in primary care, physical medicine, rehabilitation, pain management and internal medicine. "I'm happy to say that this book is excellent and addresses all my concerns!" Reviewed by InTouch (Physio First's journal) , Jan 2015 Offers practical and clinically relevant information to all practitioners and therapists working in the field Edited by an international expert in pain management and trigger point therapy Abundant use of pull-out boxes, line artwork, photographs and tables facilitates ease of understanding Carefully prepared by a worldwide team of clinically active and research oriented contributors to provide helpful and clinically relevant information Presents the latest research findings for many aspects of trigger point therapy Provides a holistic view of patient care including the importance of patient communication and psychological aspects of pain control Provides a handy reference for rapid and effective diagnosis and treatment of trigger points Highlights the 65 most important muscles in a comprehensive practical style which includes anatomy, symptoms, pain patterns, physical examination and strategies for effective treatment Offers an ideal resource for training courses in trigger point injection, osteopathy, manual therapy and acupuncture Suitable for osteopathic physicians, osteopaths, chiropractors, manual therapists, acupuncturists and massage therapists as well as general physicians working in primary care, physical medicine, rehabilitation, pain management and internal medicine

"Myofascia has been quite a buzz word in recent times and there has been much written about the understandings and treatment methods for these 'newly (re) discovered' structures. My main concern was that some of these text lacked an in depth understanding of the subject and did little to explain how fascia fitted into the clinical puzzle. I'm happy to say that this book is excellent and addresses all my concerns! The first few chapters explain the terminology, physiology and anatomy as well as aetiology and pathophysiology of myofascial trigger points." ed by InTouch (Physio First's journal) , Jan 2015 From the Back Cover Pain and limited function of the locomotor system are the most common reasons for visiting a doctor or therapist. Muscles play a key part in these presentations as a result of their function and anatomy with current research suggesting that muscle imbalance, muscle tension and painful functional disorders are at the forefront when it comes to acute or chronic symptoms. The clinical correlate with all such symptoms is the myofascial trigger point. Myofascial Trigger Points: Comprehensive Diagnosis and Treatment examines all aspects of muscle physiology and the pathogenesis of myofascial pain. The book provides valuable advice on diagnosis and differential diagnosis and contains detailed, practice-oriented information and numerous illustrations of the various therapeutic procedures for the treatment of myofascial trigger points. Prepared by experts from throughout the world, Myofascial Trigger Points: Comprehensive Diagnosis and Treatment will be ideal for all manual therapists, physiotherapists, osteopathic physicians, osteopaths, chiropractors, acupuncturists, massage therapists and naturopaths. About the Author Dominik Irnich, MD, is Head of the Interdisciplinary Pain Centre at the University of Munich and Visiting Lecturer at various Universities and Institutions across Germany, Europe and the USA. Dr Irnich holds a Certificate of Acupuncture, a Certificate of Chinese Massage and a Certificate of Qigong (China Beijing International Acupuncture Training Centre, WHO Collaborating Centre of Traditional Chinese Medicine), a Certificate of Acupuncture (A, B) of the German Medical Acupuncture Association (DGfA) and a Certificate of Natural Medicine (Naturopathy) of Kneipprztebund and is a practicing acupuncturist. Dr. Irnich is a member of faculty at different institutions: German Medical Acupuncture Association (DGfA), Acupuncture Course at Julius-Maximilians-University of Regensburg, Kneipprztebund, Structural Acupuncture Course for Physicians at Harvard Medical School, Boston, USA. His fields of research include basic science research (physiology of peripheral nociception including acupuncture) and clinical research on acupuncture and pain (research methodology, clinical effectiveness). Dr Irnich has published 34 original papers, 19 chapters in different textbooks, proceedings, reviews and editorials, 43 abstracts of poster and oral presentations and has given more than 100 invited lectures.