

(Ebook pdf) Myofacial Pain and Dysfunction: The Trigger Point Manual, Vols. 1 and 2

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Janet Travell

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Janet Travell : Myofacial Pain and Dysfunction: The Trigger Point Manual, Vols. 1 and 2 before purchasing it in order to gauge whether or not it would be worth my time, and all praised Myofacial Pain and Dysfunction: The Trigger Point Manual, Vols. 1 and 2:

0 of 0 people found the following review helpful. Fantastic set of books for the advanced therapist OT or PT By Chuck I attended a myofascial pain workshop and learned the techniques from this book. I use them weekly and they really work. The books are exceptional and go into great detail. A super reference for the therapist who does hands on pain relief treatments. Would also be good for the advanced level massage therapist. The bookseller was wonderful. I initially had some problems in the order and he went out of his way to make everything right. This was a really great purchase and reference for my work as an occupational therapist in rehab and acute care. 0 of 0 people found the following review helpful. Five Stars By gyeonghwa lee Excellent thanks!! 22 of 27 people found the following review helpful. A great book that should be read by healthcare professionals By A Customer EVERYONE IN THE HEALTHCARE OR HOMEOPATHIC MEDICAL PROFESSION SHOULD REALLY TAKE THESE BOOKS CALLED, 'MYOFASCIAL PAIN AND DYSFUNCTION' INTO STRONG CONSIDERATION. THEY ARE WHAT I WOULD CALL A NEUROMUSCULAR MASSAGE THERAPIST'S BIBLE. THEY EXPLAIN PAIN PATTERNS AND TRIGGER POINTS, WHETHER THEY ARE MUSCULAR OR NEUROLOGICAL. FOR EXAMPLE, MOST CHIROPRACTIC PATIENTS OR MASSAGE CLIENTS SUFFER FROM LOW BACK PAIN. THIS BOOK

EXPLAINS HOW ABDOMINAL MUSCLES CAN CAUSE REFERRED PAIN INTO THE LOW BACK AND BY ABDOMINAL RELEASE TECHNIQUES,THE PATIENT CAN RECIEVE ALMOST INSTANT RELIEF AND BETTER MOBILITY AND RANGE OF MOTION.ALSO,SO MANY PEOPLE SUFFER EVERYDAY WITH NECK PAIN,MAYBE BECAUSE OF AN AUTOMOBILE ACCIDENT EXAMPLE;[WHIPLASH].THIS BOOK EXPLAINS HOW BY TREATING THE ANTERIOR CERVICAL MUSCLES OR NECK MUSCLES,NECK PAIN CAN BE REDUCED OR ALMOST ELIMINATED. I JUST WANT PEOPLE AND MEDICAL HEALTHCARE PRACTITIONERS TO KNOW THAT THERE IS TREATMENT FOR MUSCULAR SKELETAL PAIN BESIDES ANTI-INFLAMMATORY DRUGS OR MUSCLE RELAXERS WHICH ARE MOST OFTEN PERSCRIBED,AND PAIN SUFFERERS STILL HAVE PAIN. IF YOU'VE EVER HAD PAIN THEN YOU KNOW THAT THIS IS FRUSTRATING. MAYBE IF YOU'VE TRIED TO TREAT YOUR PATIENTS OR CLIENTS AND YOU HAVE NOT GOTTEN ANY RESULTS, GIVE THIS BOOK A CHANCE. ESPECIALLY NEUROMUSCULAR MASSAGE THERAPISTS THAT PRACTICE SOFT TISSUE MANIPUALTIONS OR CHIROPRACTORS WHO MAYBE EMPLOY MASSAGE THERAPISTS. I PROMISE THESE MANUALS WILL BE A HUGE SUCCESS IN YOUR BUSINESS PRACTICE OR EVEN AN INSTITUTION OF EDUCATION. SO MANY PRACTITIONERS OF THIS NATURE ARE CHASING PAIN, DON'T BE A PAIN CHASER, BE A SUCCESSFUL PRACTITIONER. GIVE THESE BOOKS A TRY, THEY COULD CHANGE YOUR LIFE, THEY'VE CHANGED MINE!

Two volume series that is required reading for anyone interested in trigger point therapy. Incredibly helpful.