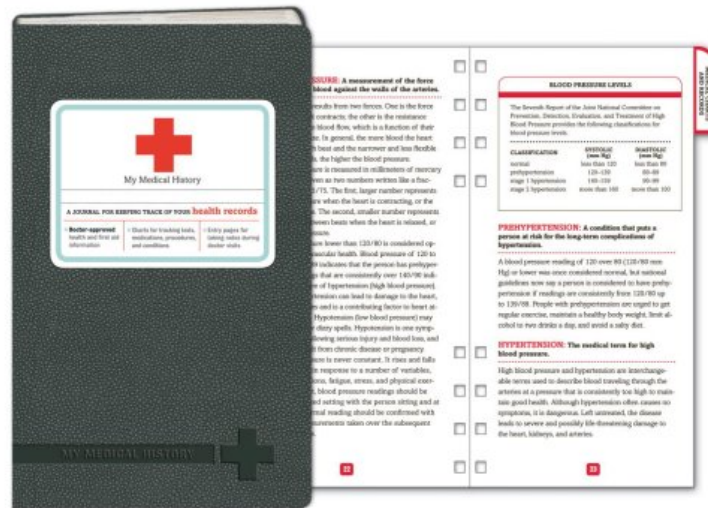


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Potter Style : My Medical History: A Journal for Keeping Track of Your Health Records (Potter Style) before purchasing it in order to gauge whether or not it would be worth my time, and all praised My Medical History: A Journal for Keeping Track of Your Health Records (Potter Style):

0 of 1 people found the following review helpful. Excellent product. By Max E. Rabinowitz Excellent product. Exceeds expectations. 21 of 22 people found the following review helpful. For Intense Medical Treatment By Mariel Clemensen This spiral notebook is almost ideal for the patient receiving intense medical treatment like for cancer or heart surgery where keeping track of results and procedures is imperative. The best part is the space given for notes on doctor visits. However the rest of the notebook may not match up - you get one line of notes for 40 lab tests (good), boxes to keep track of 60 cholesterol tests (good), 44 blood donations transfusions (would be much more helpful to record various blood test results), 44 lines for illnesses and injuries (may not be enough for "complications"), 22 lines for surgical/medical procedures (need more), 22 lines for hospital stays (need more). The size is right at about 6x9 inches (.5 inch thickness). Would rather drop 40 pages at the end about first aid and expand the usefulness of the booklet. 13 of 14 people found the following review helpful. Helps you take charge of your health By Enthusiastic reader My Medical History is a convenient, easy way to keep track of your personal medical records. This is basically a journal organized for you to write in comments on your doctors' visits, medical history, surgeries (if any), and other key medical information. Handy reference information from the AMA Complete Medical Encyclopedia is included, to make this product a must for everyone concerned about his or her health. The spiral-bound format makes the book easy to write in and easy to use.

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