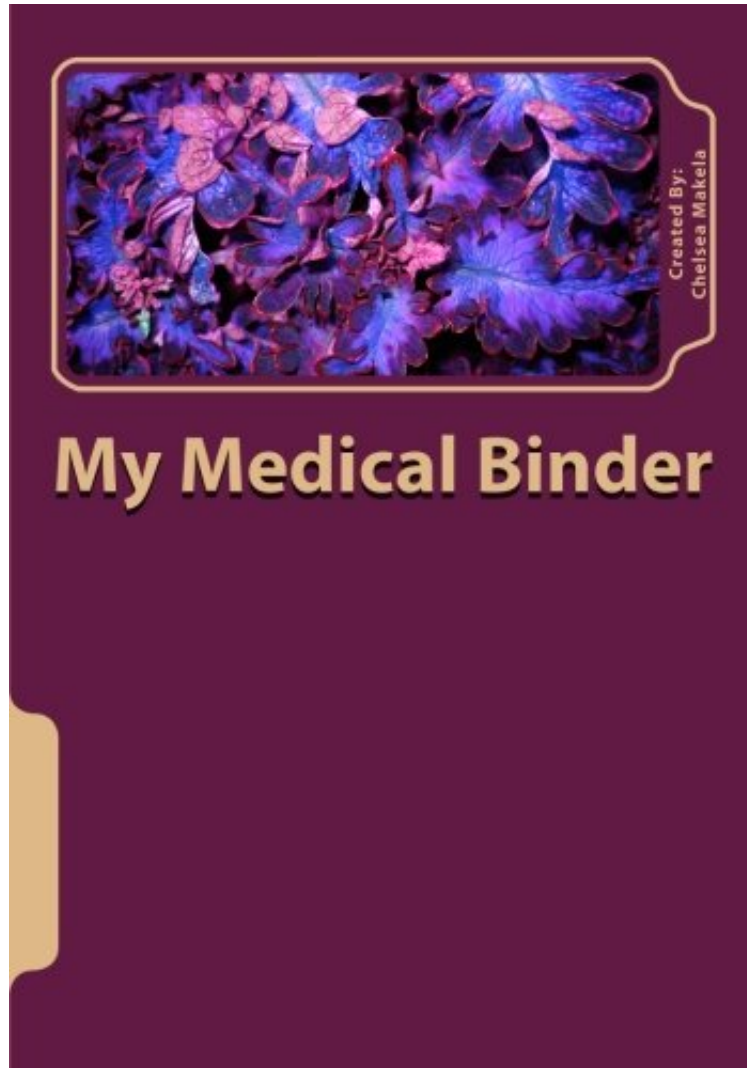


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My Medical Binder (The True Beauty Collection) (Volume 1)

Chelsea Makela

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#3490853 in Books Chelsea Makela 2013-05-11 Format: Large Print Original language: English PDF # 1
10.00 x .14 x 7.00l, .27 #File Name: 148413881358 pages My Medical Binder | File size: 17.Mb

Chelsea Makela : My Medical Binder (The True Beauty Collection) (Volume 1) before purchasing it in order to gauge whether or not it would be worth my time, and all praised My Medical Binder (The True Beauty Collection) (Volume 1):

0 of 0 people found the following review helpful. Not for me By Chris wahl Not what I was expecting, basically just a notebook to put drs names, etc. I'm sure it's great for others, but most of this information I keep stored in my phone. 0 of 1 people found the following review helpful. A Great Help for Tracking By Photofox This is where to keep all medical notes. What a good idea for tracking your doctor visits and medications over time.

My Medical Binder is the comprehensive medical information organizer for patients and their families. The binder includes: -Emergency Medical Information Sheet -13 Month Planner -Doctor Note Log Section to keep track of doctor visits and advice -Medicine Log to keep track of when you take medication -Medication Directory to refer to medications you are currently taking or have taken -Treatment Procedure Log to keep track of all the treatments you've had in the past much more. This is the must have planner for anyone going through treatments or needs to keep track of their medical information.

About the Author Chelsea Makela was born and raised in Brentwood, (Northern)CA. . Chelsea is an actress, cancer survivor, writer and philanthropist. Her favorite things to do as a child included swimming for her local competitive swim team, touring with the elite Contra Costa Children's Chorus, competing in local talent shows, and performing with her community theater troupe and improv team . Directly after graduating valedictorian of her high school class, Chelsea was called to film the lead role "Tracy Transfats" in Paramount's "Dance Flick". Following her press tour, Chelsea filmed the series lead "Yasmin" in the pilot "Aloha", playing an eco-friendly, hippy, "beach loving" teen. Most recently, Chelsea was asked to share her weight loss success story in the documentary "Why Am I So Fat?" to help inspire others to reach their weight loss goals. Chelsea also just filmed a lead role in Heroica Film's "Got Rights" campaign, with Courteney Cox. In addition Chelsea has made appearances on various television shows and voiced numerous audio books, radio ads, animated series and online tutorials. Chelsea currently resides in Los Angeles, CA. Find out more at: www.chelseamakela.com