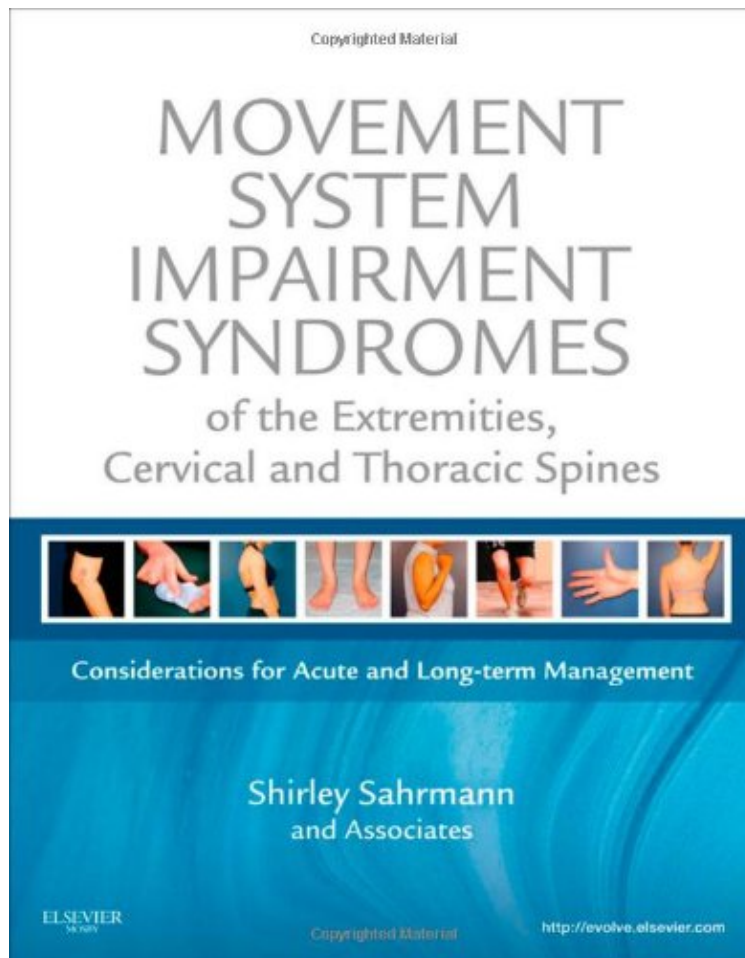


(Online library) Movement System Impairment Syndromes of the Extremities, Cervical and Thoracic Spines, 1e

# Movement System Impairment Syndromes of the Extremities, Cervical and Thoracic Spines, 1e

Shirley Sahrman PT PhD FAPTA  
DOC | \*audiobook | ebooks | Download PDF | ePub



 Download

 Read Online

#277127 in Books 2010-12-03Original language:EnglishPDF # 1 1.00 x 8.80 x 11.10l, 3.90 #File Name: 0323053424568 pages | File size: 39.Mb

**Shirley Sahrman PT PhD FAPTA : Movement System Impairment Syndromes of the Extremities, Cervical and Thoracic Spines, 1e** before purchasing it in order to gage whether or not it would be worth my time, and all praised Movement System Impairment Syndromes of the Extremities, Cervical and Thoracic Spines, 1e:

10 of 10 people found the following review helpful. Taking the next stepBy Kindle CustomerShirley Sahrman set out her theory of movement impairment in her first book in 2001. This was ground breaking work and has worked very well for me in cases of long term or insidious onset pain problems. She covered diagnosis of the shoulder/scapula, low back, and hip.Shirley has now been joined by a very talented group of therapists/researchers to 1. fill in the acute injury diagnosis (done very simply and elegantly by identifying the part involved and then staging the point in the recovery), and 2. to establish diagnoses for the other areas of the body (neck, elbow, hand, thorax, knee, and

ankle/foot. The organization of the book is much improved with each area again getting its own chapter, then each movement impairment is outlined with general guidelines for treatment included in an appendix after each chapter. The treatment guidelines are especially helpful since I find myself searching Sahrman's first book through the body of the text when I need additional ideas for treatment. Movement System Impairment Syndromes of the Extremities, Cervical and Thoracic Spines, is a long awaited and very welcome addition to, not only Sahrman's work, but to the field of physical therapy. We need a cogent, concise, and thorough approach to describing and organizing the various injuries, pains, and function impairments that we see; that is, a diagnostic system. These books are an excellent start. 0 of 0 people found the following review helpful. This book is game changer as far as how you ... By Ken H This book is game changer as far as how you assess, treat and rehabilitate non acute, non surgically injuries. It is a must have and this book/philosophy should be taught to every PT and ATC educational program in the United States. Once you read it, you realize the mistakes you made with previous patients and how to improve your treatment outcomes in the future. 0 of 0 people found the following review helpful. Great resource for physiotherapy By Claron O' Neale This book is a companion book to Sahrman's original book diagnosis and treatment of movement systems impairment syndromes. It is based on classifying different injuries into movement system impairments and outlines the treatment for the different syndromes. I found it to be an enlightening read, however I would have to refer to it constantly to get these movement impairments cemented in my head. I truly believe that if this system is utilized it would speed up the recovery of orthopaedic patients. Although the original book is not necessary to understand the principles of this book, there is frequent reference to it so it would also be useful to purchase the original to accompany this one.

Extensively illustrated and evidence based, Movement System Impairment Syndromes of the Extremities, Cervical and Thoracic Spines helps you effectively diagnose and manage musculoskeletal pain. It discusses diagnostic categories and their associated muscle and movement imbalances, and makes recommendations for treatment. Also covered is the examination itself, plus exercise principles, specific corrective exercises, and the modification of functional activities. Case studies provide examples of clinical reasoning, and a companion Evolve website includes video clips of tests and procedures. Written and edited by the leading experts on muscle and movement, Shirley Sahrman and associates, this book is a companion to the popular Diagnosis and Treatment of Movement Impairment Syndromes. An organized and structured method helps you make sound decisions in analyzing the mechanical cause of movement impairment syndromes, determining the contributing factors, and planning a strategy for management. Detailed, yet clear explanations of examination, exercise principles, specific corrective exercises, and modification of functional activities for case management provide the tools you need to identify movement imbalances, establish the relevant diagnosis, and develop the corrective exercise prescription. Case studies illustrate the clinical reasoning used in managing musculoskeletal pain. Evidence-based research supports the procedures covered in the text. Over 360 full-color illustrations -- plus tables and summary boxes -- highlight essential concepts and procedures. A companion Evolve website includes video clips demonstrating the tests and procedures and printable grids from the book.