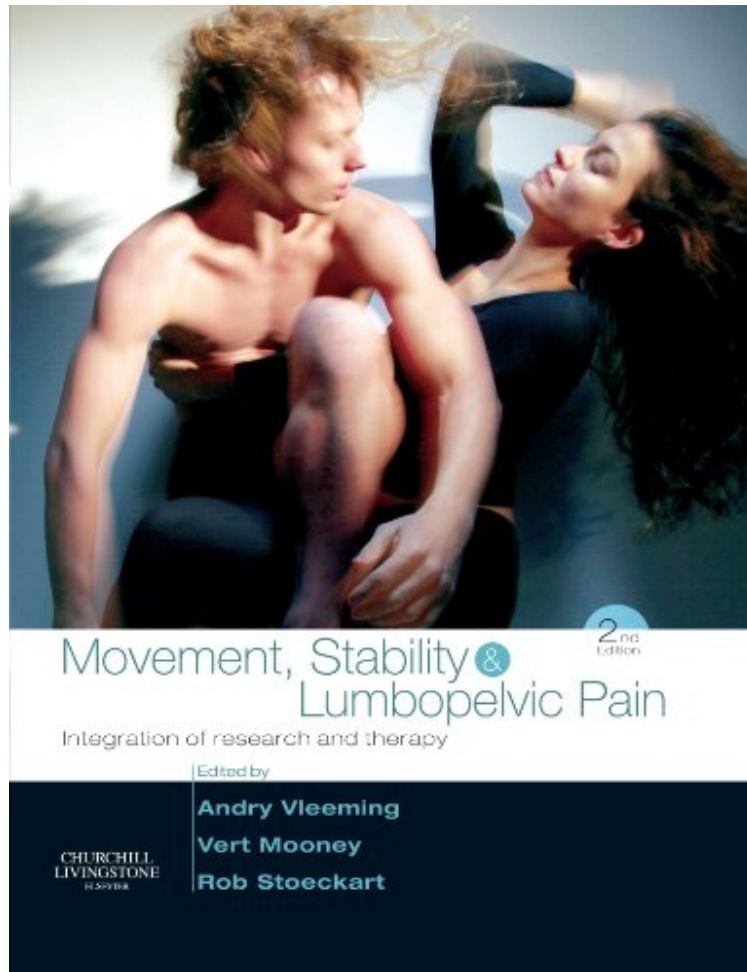


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# Movement, Stability Lumbopelvic Pain: Integration of research and therapy, 2e

*Andry Vleeming PhD PT, Vert Mooney MD, Rob Stoeckart PhD*  
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**Andry Vleeming PhD PT, Vert Mooney MD, Rob Stoeckart PhD : Movement, Stability Lumbopelvic Pain: Integration of research and therapy, 2e** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Movement, Stability Lumbopelvic Pain: Integration of research and therapy, 2e:

1 of 1 people found the following review helpful. Worth a read straight through and as a reference text. By Dr. Charles Nelson As in many of these textbooks, there is a whole lot of same-old same-old, with interesting refreshing nuggets scattered through-out. Quite worth a read, and keep your high-light pen handy. 1 of 2 people found the following review helpful. Fantastic reference By j\_zucA truly revolutionary book regarding all aspects of examination, treatment philosophy, biomechanics and stabilization while using the most current evidence-based approaches. Any clinician (MD, PT, DO, DC) who cares to better understand this complex (lumbopelvic) region should own this book. Every

chapter is packed with great, up-to-date information both theoretical but mostly practical. 10 of 10 people found the following review helpful. The enigma continues...By Y B Splashingout Despite the comprehensive, cutting edge, research based, gathering of the minds this superb second edition still misses some basics regarding back and pelvic pain. To not include a chapter on the noxious pain of trigger points is again disappointing. Despite this, the reader can be expected to be overwhelmed with original concepts. I like the way each chapter has a fresh author, which sometimes means a conflict of ideas. One author advocates heel lifts to level the sacral base, another finds no value in this. Very thought-provoking. It is expensive, but not when you think it has taken 10+ years for a second edition.

The human lumbopelvic area has become the focus of a considerable amount of new and intriguing research relevant to effective diagnosis and treatment of low back pain. Back function has recently been studied from a broader perspective, including the analysis of the coupled function in spine, pelvis and legs. These approaches lead to new questions about dynamic stability and motor control in general, and specifically about the spine and pelvis. These new insights obviously imply new approaches in the prevention and treatment of low back pain and pelvic pain. Unique to this book is its in-depth coverage of this subject area by a team of international contributors who represent the broad range of professionals involved in clinical research and therapy. These experts cover a vast area of lumbopelvic experience, from effective treatment and rehabilitation to epidemiology, anatomy, biomechanics, pain and motor control, surgery and manual therapy. Evidence-based focus Final conclusions including perspectives with each chapter Each chapter is relevant and up to date New high profile contributors Updated references Introduction and closure for each chapter Special attention given to stability and muscle function

"The work is full of amazing facts to ponder." Robert McWilliams, Structural Integration, June 2008 About the Author Founder, Spine and Joint Center, Rotterdam, Netherlands