

Motor Skills Acquisition in the First Year: An Illustrated Guide to Normal Development

Lois Bly

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Motor Skills Acquisition in the First Year is a descriptive presentation of normal motor development and skill acquisition during the first year of life. It gives a greater understanding of normal motor development and normal movement in infants, in order to treat infants with delayed or aberrant movements. The goal of this book is to inform and enhance knowledge, understanding, and observational skills in the assessment of normal motor development, and to present an analysis of the motor components that babies use to achieve each milestone normally. It provides a

background for enlarging the scope of kinesiological analysis and will serve as a stimulus for others to further investigate and analyze the kinesiological aspects of motor development. **Key Features*** Shows how a baby's first-year motor skill milestones are achieved, and how they evolve into skills* Presents an analysis of the motor components that babies use to achieve each milestone normally* Includes 300 beautiful photographs to capture the essence of normal motor development* An invaluable resource for those who treat infants with motor problems

About the Author Lois Bly, M.A., PT, is a teacher and consultant and maintains a private practice in Maryland. She has worked for many years as a physical therapist, treating babies with developmental disabilities and children with cerebral palsy. Since 1980, she has taught numerous workshops, seminars, NDT basic courses, and advanced Baby Courses throughout the United States, Australia, Brazil, Argentina, and South Africa. She received her Master of Arts degree in Motor Learning from Teachers College, Columbia University, New York, New York, and her Bachelor of Arts from Thiel College in Greenville, Pennsylvania. She earned a Certificate of Physical Therapy from the D.T. Watson School of Physiatrics in Leetsdale, Pennsylvania, and received her initial training in Neuro-Developmental Treatment (NDT) from Dr. and Mrs. Bobath in London, England.