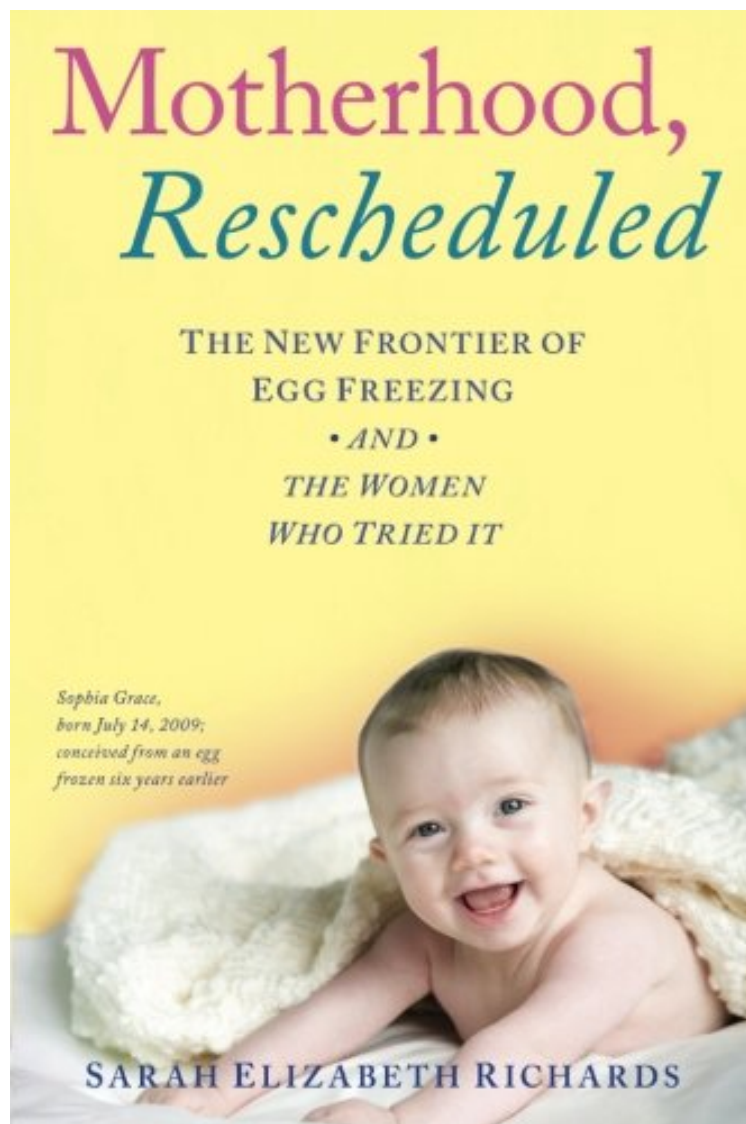


[Free read ebook] Motherhood, Rescheduled: The New Frontier of Egg Freezing and the Women Who Tried It

Motherhood, Rescheduled: The New Frontier of Egg Freezing and the Women Who Tried It

Sarah Elizabeth Richards

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Sarah Elizabeth Richards : Motherhood, Rescheduled: The New Frontier of Egg Freezing and the Women Who Tried It before purchasing it in order to gage whether or not it would be worth my time, and all praised Motherhood, Rescheduled: The New Frontier of Egg Freezing and the Women Who Tried It:

0 of 0 people found the following review helpful. Gripping - someone you know needs to read thisBy Janelle

Anderson Howard I bought this book twice - when I was halfway through the hard cover, my mom picked it up. I wanted to finish it and couldn't wait for her so I bought an electronic copy - that's how engaging the narrative is. I loved it. This book encapsulates the state of the art in a fast-moving field of broad interest and it does so by telling the recent stories of a handful of women. I found the prose gripping and unintentionally educational - while egg freezing is not birth control in the normal narrow usage, it is a fertility intervention and as such, I'd say technological advancements on this scale don't occur more than once every couple of decades. Despite breakthroughs in the last few years, egg freezing is so much more than the science - it's intertwined with the social and sometimes controversial aspects of a woman's life that would lead her to make this still uncommon decision. That's why I think Ms. Richards's choice to dig into the messy context of a few lives - including her own - spoke to me deeply and directly. And I'm sure it will most readers, regardless of where they live, whether they're female or male, and what age they are. There might be a 'I wish I could have' generation, but I anticipate this book will go a long way to eliminate those who would have otherwise thought 'I wish I had known'. 0 of 0 people found the following review helpful. Amazingly educational, inspiring and touching. By N. Chinchilla I ordered this book after reading Ms. Richards Wall Street Journal article. I thought it was solid advice- freeze your eggs! But, I wanted more information and not really knowing anyone who has actually gone through the process, I was dying to read about personal experiences. The internet is surprisingly lacking in personal information. What I discovered once I got the book (which I read in one sitting), was that it was very touching and not just filled with personal stories but also very informational. I appreciated the way the information was distributed and explained. Although I have done a fair amount of research myself, a lot of the information was new and well explained. I found myself understanding some of the drugs and process better. Most importantly, I thought the stories of all the women were so inspiring. I cried and cried for so many of them and was so happy for the others. I also felt like I could really relate to so many of the women- you are likely to find yourself thinking "me too!!". Even if you are not considering freezing your eggs (if you are, you DEFINITELY need to read this book), this is such a great read. You will find yourself cheering for these women, their journey and their future. Lastly, I'm glad this type of book was finally written! Women out there need more and better information about their options- and not just from doctors, but from women who have lived it and experienced it! 0 of 0 people found the following review helpful. It's my NEW FAVORITE non-fiction ReadBy Jennifer P Tammen THANK YOU, Sarah Elizabeth Richards, for bringing the new world of egg-freezing from out of the darkness and into the light! Years ago, I lost my uterus to cancer before I completed my family. I wanted to freeze my eggs and asked doctors if I could. "No," they said. "It's not technologically possible." Two years ago, I heard the tide (regarding egg freezing) had changed. And when I heard about *Motherhood Rescheduled*, I got on the author's waiting list. When it came in the mail, I thought I might read a couple chapters every few days. But instead I was hooked and read the entire thing in 24-hours. Just could not put it down! The book was ultra-well-written and quite a page-turner. "Truth is stranger than fiction," somebody said. Well, I think they were talking about *Motherhood Rescheduled*. Just when I didn't think life could get any harder or stranger for the mom-wanna-be's in the book, THEY DID! Since I didn't get married and start my family until age-31, I had many failed relationships and could really relate to the women profiled in the book. My husband said he thought clock-tickers just loved their careers more than babies. Turns out they are waiting for the BEST dad for their children. Amen to that. Thanks again, Sarah, for this fascinating, educational book. Please put me on the list for your next publication and BABY DUST to you!

"A fascinating, well-researched account of uncharted medical advances poised to turn the dating landscape upside down...reads like a page-turner novel full of suspense, plot twists, humor, and heartbreak" ("*New York Times*" bestselling author Lori Gottlieb). How would you live your life if you could stop your biological clock and free yourself of "baby panic"? Would you date better? Marry later? Relax more? In "*Motherhood Rescheduled*," journalist Sarah Elizabeth Richards tells the stories of four women--including herself--who attempt to turn back time by freezing their eggs. Their journeys are bumpy, hilarious, sometimes heartbreaking, but always rewarding. Richards also explores the history of this controversial science and the hard facts of egg freezing--from the cost and probabilities of success to the technological advances that have made pausing the biological clock an increasingly popular option for women. At a time when one in five American women between the ages of forty and forty-four is childless, and half of those women say they wish they could have children, Richards offers a hopeful message: Women no longer have to make tough choices between career and kids or settle for the wrong relationships. They now have access to a powerful tool to take control of their fertility and take charge of their futures. "*Motherhood, Rescheduled*" is an invaluable resource and a comforting guide to a brave new frontier of fertility.

From Booklist This intriguing (and often funny) book about women, including the author, who choose to freeze their eggs is hard to put down. As Richards notes, society sees "Clock Tickers" who take charge this way as being desperate or self-indulgent. Au contraire, she argues, citing all the reasons such a woman should be appreciated for making enormous efforts to ensure that she has "a better chance of finding a partner and father for her children, avoiding birth defects, and becoming financially secure so she can hold up her end of a marriage or support a

family." A meta-analysis of a dozen studies turned up the following reasons women freeze their eggs: "divorce, a family history of premature menopause, career or educational opportunity, lack of a supportive partner," or "just not feeling financially secure or emotionally stable enough to bring children into their lives." The author expertly weaves facts about freezing with the stories of real women, including herself. For Richards, "Egg freezing allowed me to change the narrative of my life from mourning and desperation to hope and potential." A thought-provoking, well-written story for women who worry about their declining fertility. -- Karen Springen "A fascinating, well-researched account of uncharted medical advances poised to turn the dating landscape upside down, "Motherhood, Rescheduled" reads like a page-turner novel full of suspense, plot twists, humor, and heartbreak. What's amazing is that it's real. I cheered, I cried, and stayed up way too late wondering what would become of these women, then stayed up even later pondering the provocative questions their stories raise."-- Lori Gottlieb, author of "The New York Times" bestseller "Marry Him: The Case for Settling for Mr. Good Enough" "Motherhood, Rescheduled "is exactly the book my generation of women has needed. The option to delay parenthood is fantastically liberating, but with freedom comes the paradox of choice. With refreshing clarity and grace, Sarah Elizabeth Richards completely demystifies the social, emotional, and scientific complexities of egg freezing, arming the rest of us with the information we need to better plot our own lives. I only wish it had come along sooner."--Kate Bolick, contributing editor for "The Atlantic" "Sarah captures the anxiety of a generation of women caught between unparalleled opportunity and the limits of their own biology. Pausing the biological clock with egg freezing could be as important to this generation as the birth control pill was to the last. She makes a compelling case for using the technology as an acceptable and affirming family planning choice."--Rachel Lehmann-Haupt, author of "In Her Own Sweet Time: Unexpected Adventures in Finding Love, Commitment, and Motherhood" "Intriguing (and often funny)... A thought-provoking, well-written story for women who worry about their declining fertility."-- "Booklist" "[Richards] writes movingly about the vicissitudes of online dating and the pain of the breakup of a loving relationship with an ambivalent partner, as well as the anguish many women feel when contemplating a childless future....A page-turner in which each of the stories is different but compelling."--"Kirkus s" About the Author Sarah Elizabeth Richards is an award-winning journalist specializing in health and science, psychology, and social issues and has written for more than two dozen newspapers, magazines, and websites, including The Wall Street Journal, The New York Times, The Washington Post, the Financial Times, Elle, Marie Claire, Slate, and Salon. She is a graduate of the University of California at Berkeley and holds master's degrees from the Graduate School of Journalism and the School of International and Public Affairs at Columbia University. She lives in Manhattan.