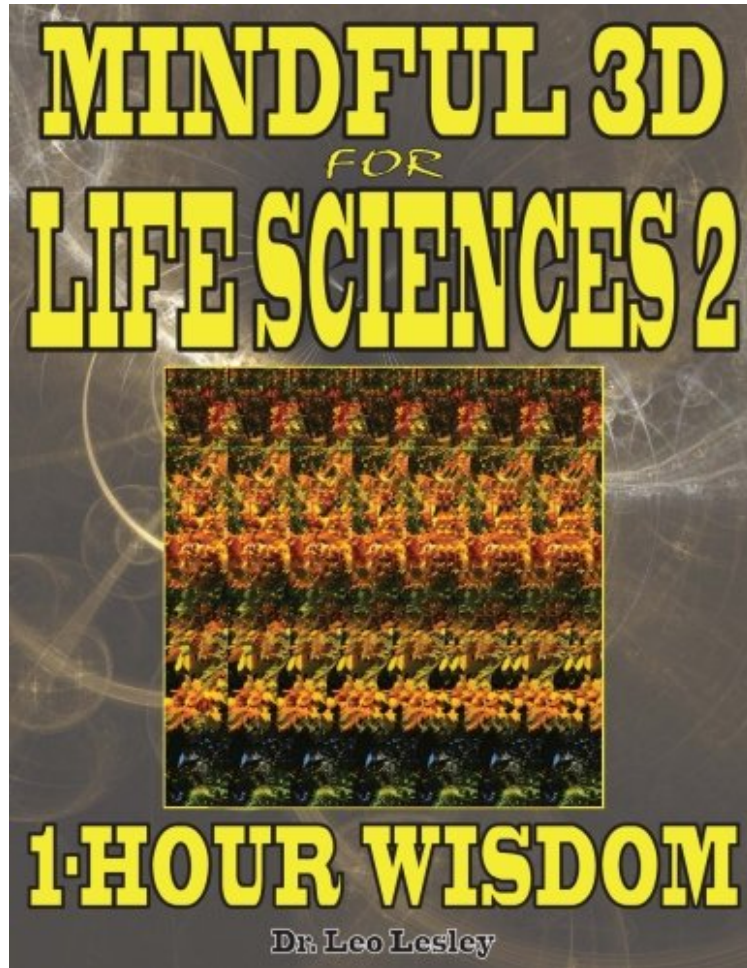


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About the Author Dr. Leo has decades of experience developing mindfulness, 3D and learning materials to help people just like you.