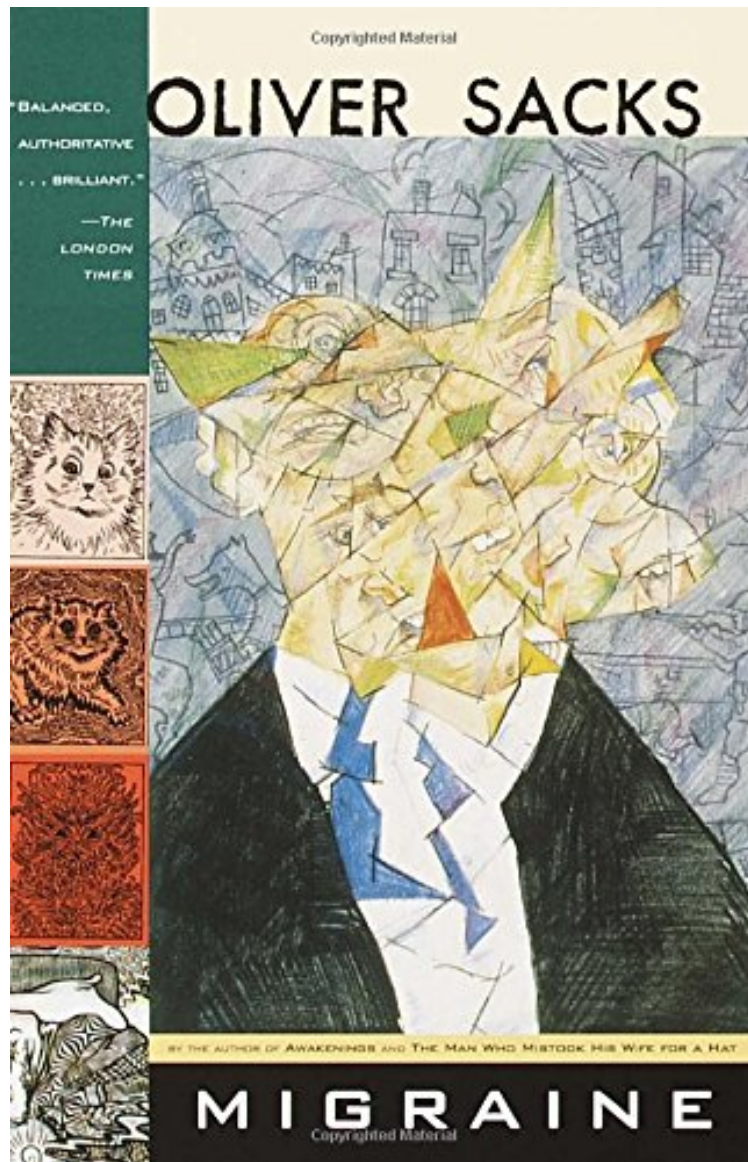


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Migraine

Oliver Sacks

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#35989 in Books Oliver Sacks 1999-10-05 1999-10-05 Original language: English PDF # 1 8.00 x .70 x 5.201, .77 #File Name: 037570406X368 pages Migraine The Evolution of a Common Disorder | File size: 39.Mb

Oliver Sacks : Migraine before purchasing it in order to gauge whether or not it would be worth my time, and all praised Migraine:

3 of 3 people found the following review helpful. Clinical text but fascinating information history from a compassionate, inspired researcher By Lily Oliver Sacks was such a brilliant, dedicated, and kind person. He pushed the boundaries of migraine knowledge, and it's very interesting to see his first-hand view of discovering all these facts. He clearly cares about his patients. As a migraine sufferer himself, he understands and is motivated to figure it out! The

book is very clinical and peppered with jargon, but I still found it fun to read. It has a ton of information and observations that I haven't found in any modern migraine literature online. For example, red migraines vs. white migraines (sweating, flushed, hot vs. pale, drawn, cold). Or the three ways migraines end. Or the many weird forms the symptoms can take - not only the aura, but also the prodrome: the period before the migraine really starts, when you might experience euphoria, intense hunger, irritability, sleepiness, or weird changes in speech, ideation, or perception of time and space. Crazy stuff. Also interesting commentary on the connection with depression. Lots of interesting character profiles of people who dealt with severe and often abnormal migraine types - Sacks looked for the weirdest cases. Interesting historical perspective on what people did and thought about migraines before the medical aspect was understood or accepted. 1 of 1 people found the following review helpful. Interesting read, moderately technical

By C. Pennington This book, though older with only a few recent updates, is a fairly extensive look at migraine. Oliver Sacks does a good job of including all of the different types of migraine conditions and aura symptoms through presentation of many case studies and some research. I would give this a higher rating, except that the book is very wordy with a large technical vocabulary... much more so than Sacks' *Musicophilia*. I am a migraineur and a scientist, but I am not in the medical field; however, I have done a lot of research into migraine literature and still had trouble with some of the technical terms. It has taken me a while to get through this book because of that. Having said that, I am glad that I've read it, and enjoy the perspective that Dr. Sacks has on the topic (he was also a migraine sufferer). I only wish he had had a chance to write a more recent update to the book as there has been so much more done on migraine in the last decade... it would be nice to hear his take on all of it. 3 of 3 people found the following review helpful. Deeply Thoughtful

By Mom of Two Deeply thoughtful. Though I do not suffer from migraines, this book really delved into Sack's study of migraines from both a medical and observational perspective. The book would be a great addition for someone who has migraines or who loves a migraine sufferer. Oliver Sacks could write about potatoes and still be interesting. He entwines his own stories about life with his work as a physician and healer. He will be deeply missed. I have read most of his books.

The many manifestations of migraine can vary dramatically from one patient to another, even within the same patient at different times. Among the most compelling and perplexing of these symptoms are the strange visual hallucinations and distortions of space, time, and body image which migraineurs sometimes experience. Portrayals of these uncanny states have found their way into many works of art, from the heavenly visions of Hildegard von Bingen to Alice in Wonderland. Dr. Oliver Sacks argues that migraine cannot be understood simply as an illness, but must be viewed as a complex condition with a unique role to play in each individual's life.

"Written by one of the great clinical writers of the twentieth century, *Migraine*... should be read as much for its brilliant insights into the nature of our mental functioning as for its discussion of the migraine". -- The New York Times Book From the Inside Flap "Balanced, authoritative . . . brilliant." -- "The London Times "Written by one of the great clinical writers of the twentieth century, *Migraine* . . . should be read as much for its brilliant insights into the nature of our mental functioning as for its discussion of the migraine." -- "The New York Times Book

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From the Back Cover The many manifestations of migraine can vary dramatically from one patient to another, even within the same patient at different times. Among the most compelling and perplexing of these symptoms are the strange visual hallucinations and distortions of space, time, and body image which migraineurs sometimes experience. Portrayals of these uncanny states have found their way into many works of art, from the heavenly visions of Hildegard von Bingen to Alice in Wonderland. Dr. Oliver Sacks argues that migraine cannot be understood simply as an illness, but must be viewed as a complex condition with a unique role to play in each individual's life.