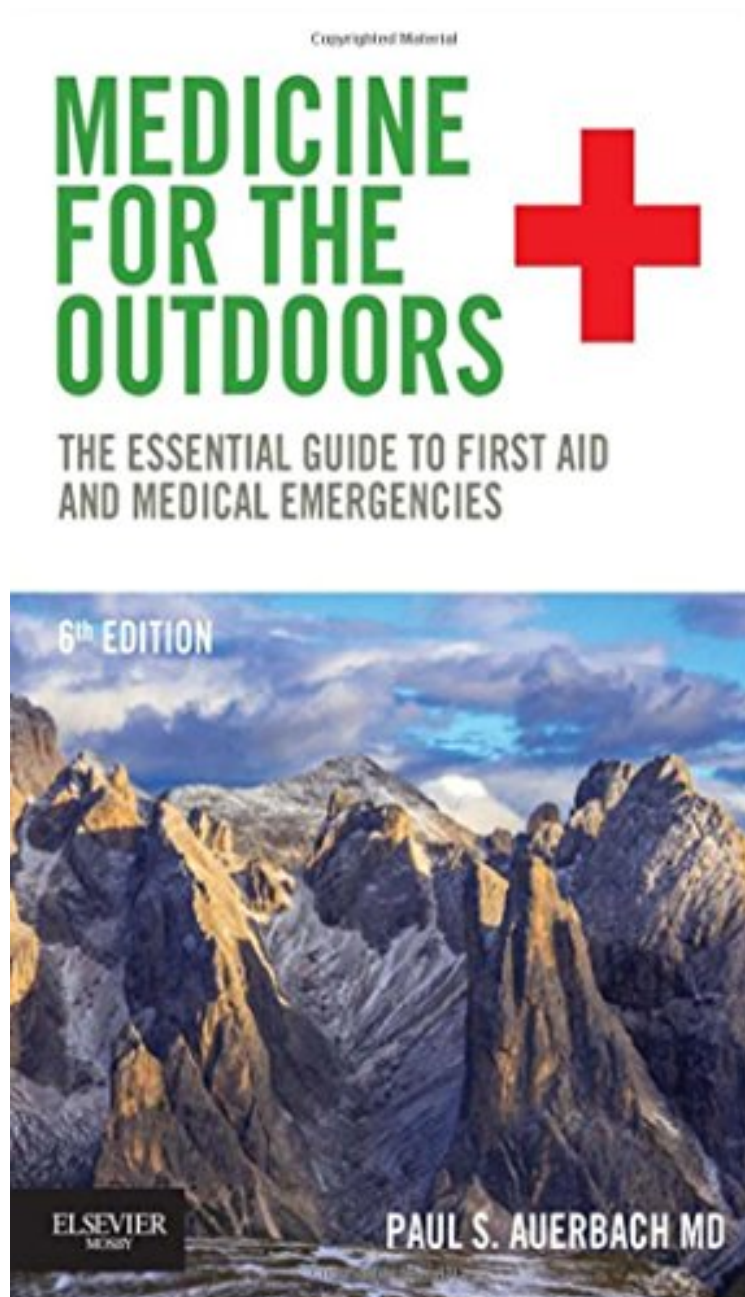


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Medicine for the Outdoors: The Essential Guide to First Aid and Medical Emergencies, 6e

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Since 1986, *Medicine for the Outdoors* has been hailed as the definitive take-along manual on the subject. Packed with step-by-step instructions and how-to explanations, this updated edition tells you the best way to respond to just about any medical problem. Logically organized, simple-to-understand enhanced illustrations and an increased focus on new topics mean this medical reference book may literally save your life. Whether you're venturing into mountains, deserts, forests, or out to sea, it belongs in your pack! "A comprehensive guide to basically anything that could go wrong, or needs to be medically managed whilst in out and about." Reviewed by: Dr Stevan R Bruijns, Senior Lecturer in Emergency Medicine at University of Cape Town Date: July 2015 Examine the most diverse and comprehensive coverage of medical conditions related to the outdoors. Be guided through logical and complete explanations of every topic. Enhance your understanding with descriptive material including numerous drawings and instructions. Research recommendations for injury and illness prevention. Locate answers quickly with a helpful comprehensive index. Clearly visualize how to perform specific treatments, such as the use of a SAM splint, with an increased number of helpful illustrations. Stay abreast of the latest in emergency medicine care, including new antibiotics, medicines, products to control bleeding, and today's most common infectious disease threats. Enhance your understanding of Lyme disease; water disinfection; emerging diseases (including West Nile Virus); and how to seek safety and act during natural disasters. Take advantage of Dr. Auerbach's expert guidance with revised recommendations on high-altitude problems, drowning, airways management, toxic plants, and snake bites. Access new appendices covering AIDS/HIV transmission, expanded treatment instructions, global conflict guidelines (including terrorism), and canine medicine. Expert Consult eBook version included with purchase. This enhanced eBook experience allows you to search all of the text, figures, references, and videos from the book on a variety of devices.

"A comprehensive guide to basically anything that could go wrong, or needs to be medically managed whilst in out and about. It packs a lot of information into a digestible handbook. It is aimed at an above average, medically minded, lay adventurer and as a result is written in plain language." ed by: Dr Stevan R Bruijns, Senior Lecturer in Emergency Medicine at University of Cape Town Date: July 2015 "This is an essential resource to have on a wilderness adventure as it provides people with minimal formal medical education recommendations for caring for fellow travelers with medical emergencies. It packs a significant amount of information into a book that is small enough to take into the wilderness" -Maria Kristine Goertz, M.D. (Regions Hospital and Level 1 Trauma Center) About the Author Dr. Paul S. Auerbach, FACEP, FAWM, is the Redlich Family Professor of Surgery in the Division of Emergency Medicine at Stanford University School of Medicine. He is the world's leading expert on wilderness medicine and a prolific author. He is the Editor of *Wilderness Medicine*, and author of *Medicine for the Outdoors* and *Field Guide to Wilderness Medicine*. Dr. Auerbach holds his MD from Duke and completed his internship at Dartmouth and residency at UCLA. He is certified by the American Board of Emergency Medicine. He has been recognized as a Hero of Emergency Medicine by the American College of Emergency Physicians and received the New Orleans Grand Isle Award for Science from the Academy of Underwater Arts and Sciences, the Founders Award from the Wilderness Medical Society, and the Outstanding Contribution in Education Award from the American College of Emergency Physicians, among others. Dr. Auerbach has served as a volunteer physician in Haiti, Nepal, and Guatemala.