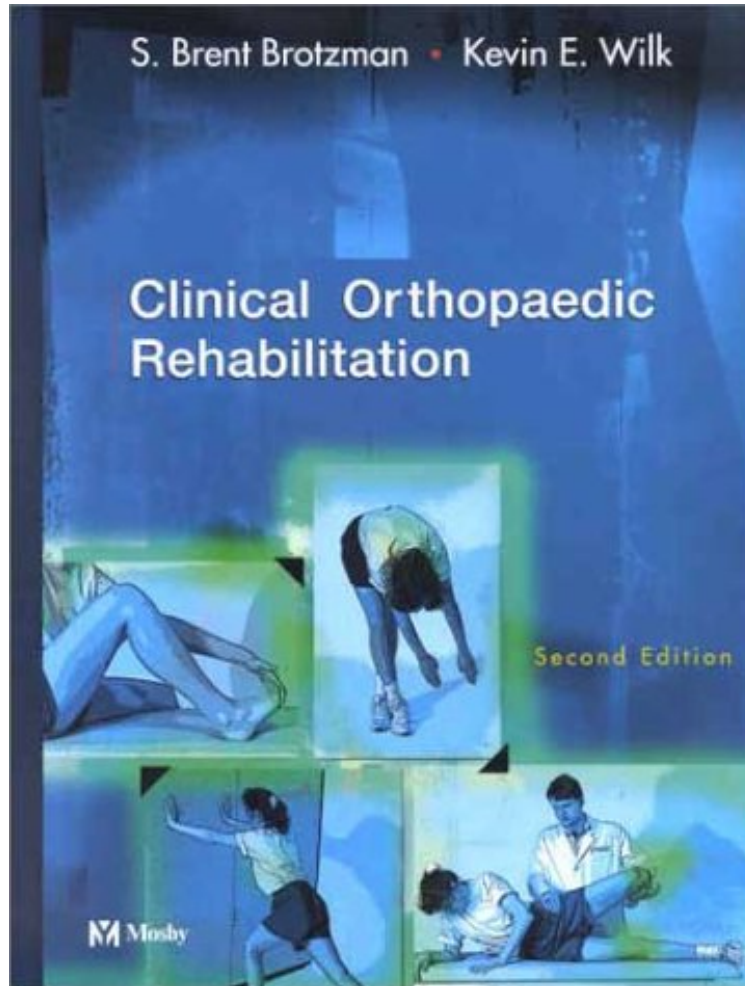


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The 2nd Edition of this respected reference continues to provide state-of-the-art, practical guidance on the evaluation, treatment, and rehabilitation of patients with orthopaedic problems. Organized by anatomic region, this resource covers everything from initial examination and differential diagnosis...through treatment and postoperative rehabilitation. Its user-friendly organization offers fast access to protocols developed by internationally recognized orthopaedists as well as physical and occupational therapists. Thoroughly covers examination techniques for common orthopaedic injuries. Presents a wealth of algorithms on criteria-based treatment as well as rehabilitation protocols for patients with acute injuries and those recovering from orthopaedic procedures. Provides useful criteria on when a patient may safely return to sports or work. Features extensive coverage of both nonoperative and postoperative orthopaedic injuries that are difficult to find. Presents fresh perspectives from a new co-editor, renowned physical therapist Kevin Wilk, PT. Features comprehensive coverage of hot topics such as hamstring injuries strains and contusions of the quadriceps groin pain aquatic therapy for injured athletes running injuries shin splints in runners returning to sports after concussions osteoporosis and more. With 24 additional contributors.

This textbook is easy to read, with well-placed text boxes and many illustrations. Photographs and line drawings are used in good combination to complement the text and illustrate the techniques described. This book is useful for orthopaedic pathology and physical therapy students and also to sports orthopaedists. The Journal of Bone and Joint Surgery
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Adjunct Professor, Texas AM-Corpus Christi, Department of Kinesiology, Division 1 Team Physician, Texas AM-Corpus Christi, Corpus Christi, TX