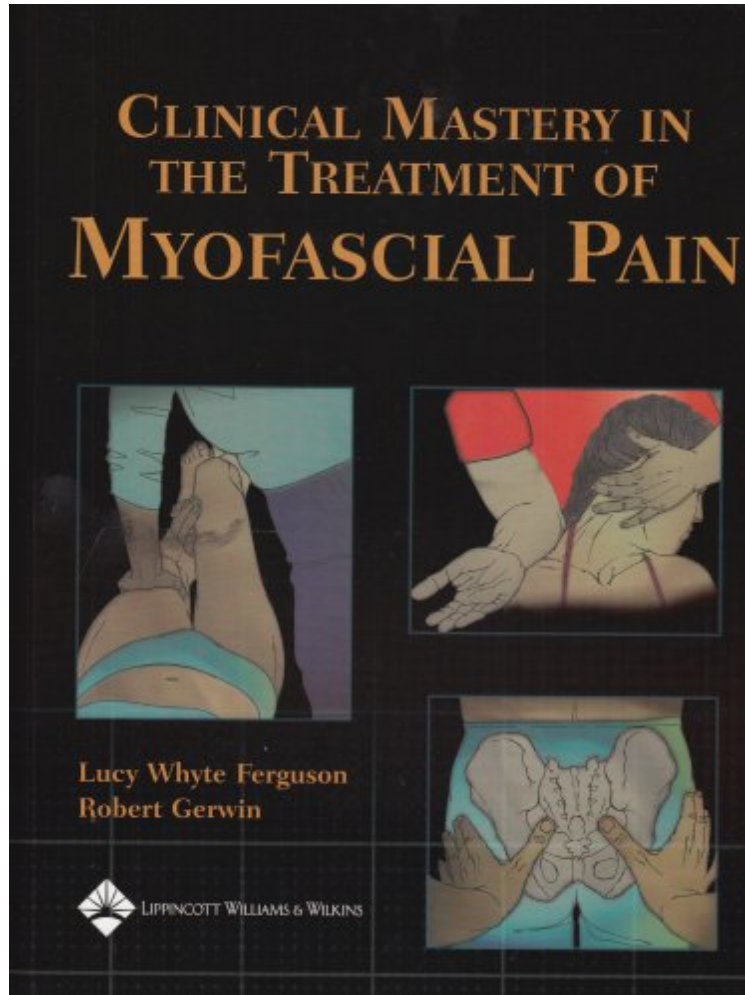


Clinical Mastery in the Treatment of Myofascial Pain

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From Brand: Lippincott Williams Wilkins : Clinical Mastery in the Treatment of Myofascial Pain before purchasing it in order to gage whether or not it would be worth my time, and all praised Clinical Mastery in the Treatment of Myofascial Pain:

3 of 3 people found the following review helpful. OKBy Social ButterflyI have suffered from myofascial pain all my life. I believe it to be genetic. Why do some people have more trigger points than others? Why do some people have tight muscles and others are flexible? Genetics. As a healthcare professional, my opinion is that all techniques for treating myofascial pain is a temporary fix. I've wasted so much money on physical therapy (manual work, dry needling, ultrasound...), physicians (meds and referrals to PT), diagnostic testing etc... The best way to relieve pain is to eat healthy, stay hydrated with water, stretching/yoga, meditation, and walking for fitness. This can't be done every now and then. It must be a daily ritual. Other than that, it's an OK book for physical therapists and physiatrists.1 of 2

people found the following review helpful. there were some amazing clinical pearls in this book and it has really ...By jeffreyI'm a chiropractor and was already very familiar with some of these ideas. However, there were some amazing clinical pearls in this book and it has really helped refine my evaluations and treatments.33 of 33 people found the following review helpful. Superb addition to the Myofascial Pain literature :-)

By Johnson McEvoyThis book must take it's place amongst the significant works in Myofascial Pain and Dysfunction (Travell and Simons, Rachlin and Rachlin, and Baldry). A practical and helpful guide to clinical practice of this growing medical discipline. This book will be an excellent clinical reference for day to day treatment and for integrating Myofascial concepts into all forms of conventional approaches. It builds itself on up to date references. The chapters are designated by area and the addition of the case studies suggests application of principles. The multidisciplinary contributors to this book include the notable Dr Gerwin MD, Jan Dommerholt PT, Lucy White Ferguson DC, Roberta Shapiro DO, Mary Moloney PT.The chapter on whiplash brings fresh air to this controversial area. The findings of Gerwin and Dommerholt of the presence of MTrPs in 100% of patients (especially the Trapezius)will draw attention to the essential need to assess and treat MTrPs in whiplash patients. I believe this chapter is a must read for all therapists and clinicians.The future for Myofascial Pain and Dysfunction as a speciality is very bright. The risk is that the passing of skills and knowledge will be watered down with time. This book ensures that the integration of practical and clinical mastery of myofascial pain and dysfunction cannot be ignored or excused.This must find its way into your library, your patients will be all the better for it.

Johnson McEvoy BSc., MSc., MISC.P., MCSP., PTChartered PhysiotherapistLimerick Ireland

This concise and easily referenced clinical text brings together editors from a range of disciplinesincluding chiropractic, osteopathy, physical therapy, and medicineto address therapeutic approaches to common muscle and joint pain. Organized by chief complaint, each chapter follows a structured format that takes readers from overview and assessment, through a case history, to a planned program of rehabilitation, generalization to similar conditions, and a treatment protocol. Readers will explore key differences in assessment, treatment, and rehabilitationa great aid in choosing the best therapy for each patient. The books practical, case study approach addresses a variety of factors affecting myofascial integrity, including psychological issues, sleep patterns, nutrition, and fitness. A glossary defines interdisciplinary nomenclature.