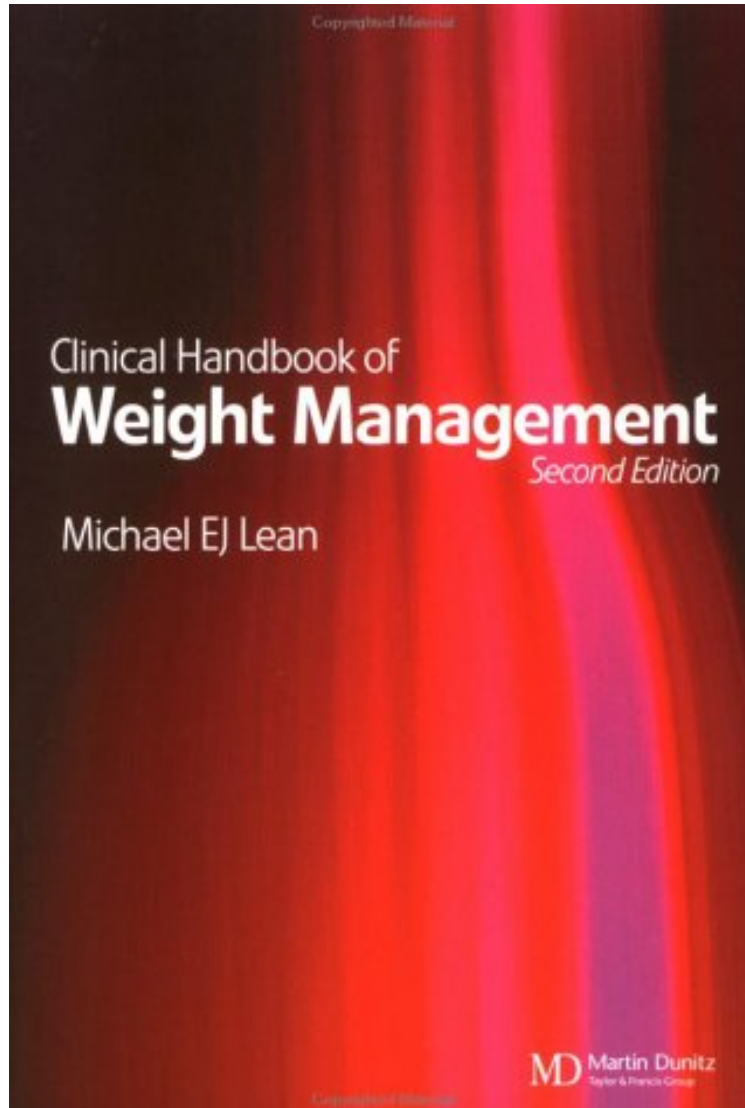


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Clinical Handbook of Weight Management, Second Edition

Michael E J Lean

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Michael E J Lean : Clinical Handbook of Weight Management, Second Edition before purchasing it in order to gage whether or not it would be worth my time, and all praised Clinical Handbook of Weight Management, Second Edition:

Obesity has not, until very recently, featured very strongly in medical training. There has been a widespread view that becoming overweight is a sign of a weak personality, a combination of gluttony and apparent sloth, accompanied very

often by a degree of mendacity. For this reason, medical practitioners are often reluctant to become involved in obesity and weight management. The second edition of this popular handbook provides an up-to-date background on obesity and an understanding of weight management for health professionals and offers outlines for management plans which can be instituted at a primary care level.

'Due to the significant information gained in obesity studies, this is a very worthy and long awaited second edition.' - Doody Publishing About the Author AFFILIATION: Michael Lean, MA, MD, FRCP, is Professor and Chair of the Department of Human Nutrition, Glasgow Royal Infirmary, University of Glasgow, UK ADDRESS: Prof. MEJ Lean, MD, FRCP University Department of Human Nutrition Glasgow Royal infirmary Glasgow G3 2ER UK
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