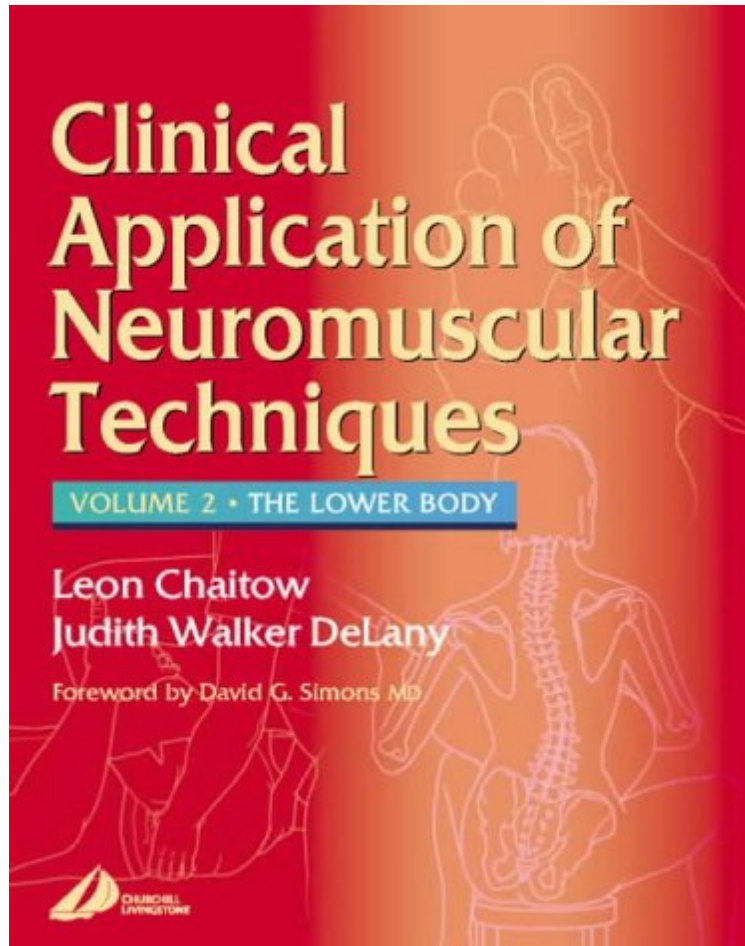


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Clinical Applications of Neuromuscular Techniques: The Lower Body, Volume 2, 1e

Leon Chaitow ND DO (UK), Judith DeLany LMT
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Leon Chaitow ND DO (UK), Judith DeLany LMT : Clinical Applications of Neuromuscular Techniques: The Lower Body, Volume 2, 1e before purchasing it in order to gage whether or not it would be worth my time, and all praised Clinical Applications of Neuromuscular Techniques: The Lower Body, Volume 2, 1e:

0 of 0 people found the following review helpful. Good StuffBy Leanne IngramBook is of very high quality with relevent interseting information. It's easy to read from a students perspectivem, a practitioner's perspective or even a outsider's perspective. Great Diagrams included, a very useful book. I do recommend it.9 of 18 people found the following review helpful. worth a buy if you do not mind typosBy A CustomerClinical Application of Neuromuscular Techniques is an alternative to Travell's Trigger Point Manual if you do not do TP injections. It has great pictures, well explained treatment techniques (if you are up to date with your anatomy and medical terms) and lots of references. The disadvantage are typos (the editor must have had a bad day and was unable to write the German words for the

references right, but also some English words are off!) Parts of the text are repeated in the book twice, what I thought is unnecessary and only adds to the number of pages but not the quality of content.

The book discusses theories and physiology relevant to the manual treatment of chronic pain, especially as it regards the soft tissues of the lower body. Step-by-step protocols that address each muscle of a region and a regional approach to treatment are features that make this book unique. A structural review of each region, including ligaments and functional anatomy, adds value for new students and practitioners alike. Comprehensive 'one-stop' text on care of somatic pain and dysfunction Draws together in a format and style appropriate for the manual therapist material which currently has to be taken from several sources. All muscles covered from perspective of assessment treatment of myofascial pain Describes the normal anatomy and physiology as well as the dysfunctions which may arise Gives indications for treatments and guidance on making the appropriate treatment choice for each patient Combines NMT, MET, PRT and much more to give a variety of treatment options for each case Describes the different NMT techniques in relation to the joint anatomy involved Practical step-by-step technique descriptions Includes not only manual techniques but also acupuncture, hydrotherapies and nutritional support as well as guidance for the patient in the use of self-help approaches. Two-colour printing throughout. Up-to-date evidence based High profile authors.

"I received Vol 2 Friday (Sept 20), skimmed it immediately and started reading straight through Sat. What a wealth of information, definitely worth the wait. Thanks so much for your work; excellent program and great books." NMT PRACTITIONER indeed this is - a large format hardback of almost 600 pages, referenced to the hilt and superbly illustrated with a mixture of line drawings and photographs, and broken up with boxes and charts. It is actually almost too much to take in." CAM October 2002 About the Author Leon Chaitow ND DO is an internationally known and respected osteopathic and naturopathic practitioner and teacher of soft tissue manipulation methods of treatment. He is author of over 60 books, including a series on Advanced Soft Tissue Manipulation (Muscle Energy Techniques, Positional Release Techniques, Modern Neuromuscular Techniques) and also Palpation Skills; Cranial Manipulation: Theory and Practice; Fibromyalgia Syndrome: A Practitioners Guide to Treatment, and many more. He is editor of the peer reviewed Journal of Bodywork and Movement Therapies, that offers a multidisciplinary perspective on physical methods of patient care. Leon Chaitow was for many years senior lecturer on the Therapeutic Bodywork degree courses which he helped to design at the School of Integrated Health, University of Westminster, London, where he is now an Honorary Fellow. He continues to teach and practice part-time in London, when not in Corfu, Greece where he focuses on his writing.