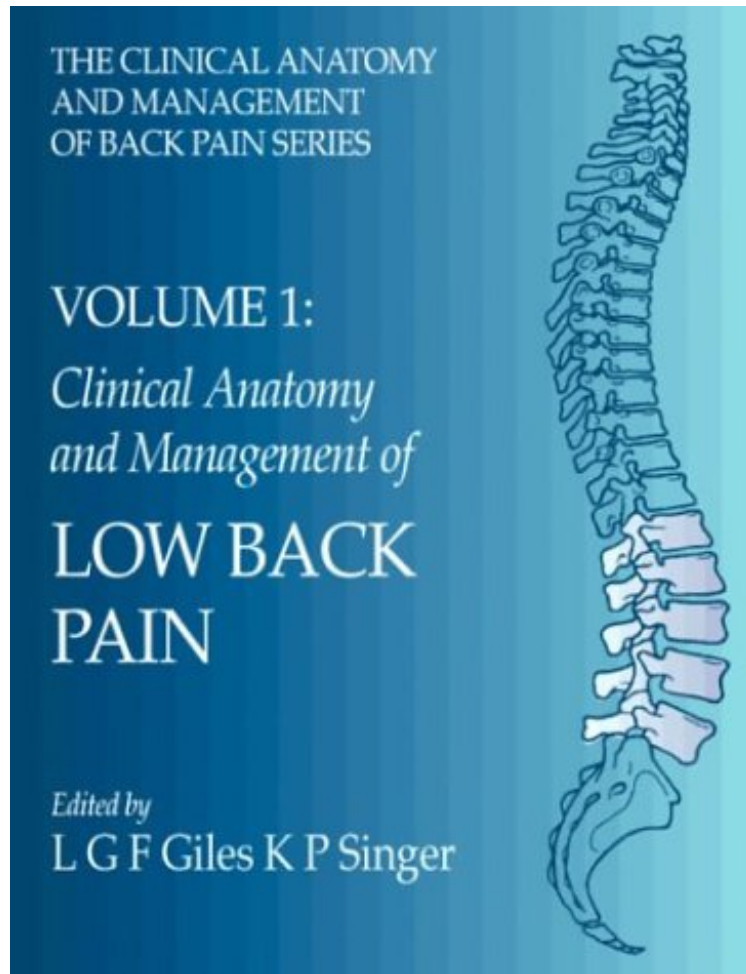


[Download] Clinical Anatomy and Management of Low Back Pain: Clinical Anatomy and Management of Back Pain, 1e (Transnational Institute Series)

Clinical Anatomy and Management of Low Back Pain: Clinical Anatomy and Management of Back Pain, 1e (Transnational Institute Series)

*Lynton Giles MSc PhD DC, Kevin Singer PT MSc PhD
DOC | *audiobook | ebooks | Download PDF | ePub*



 Download

 Read Online

#5843158 in Books 1997-04-10Original language:EnglishPDF # 1 1.06 x 6.90 x 10.12l, #File Name: 0750623950432 pages | File size: 23.Mb

Lynton Giles MSc PhD DC, Kevin Singer PT MSc PhD : Clinical Anatomy and Management of Low Back Pain: Clinical Anatomy and Management of Back Pain, 1e (Transnational Institute Series) before purchasing it in order to gage whether or not it would be worth my time, and all praised Clinical Anatomy and Management of Low Back Pain: Clinical Anatomy and Management of Back Pain, 1e (Transnational Institute Series):

This text highlights the value of a team approach to appreciating the complexity of spinal pain and a range of treatment

approaches. Contemporary contributions from epidemiology, anatomy, pathology, physiology, psychology, clinical medicine orthopaedics, chiropractic, osteopathy and physiotherapy are presented. Each section, written by experienced clinical and basic science experts, provides a summary of pertinent material which will lead to an improved understanding of the causes of mechanical back pain. The book does not attempt to endorse a single therapy, rather to highlight the common approach to mechanical treatment which may be provided by chiropractic, osteopathy and physiotherapy practitioners. This is the first volume in the Clinical Anatomy and Management of Back Pain Series. The series brings together a truly multidisciplinary approach to the management of mechanical spinal pain. Each volume provides a thorough review and analysis of clinically relevant information on the basic sciences leading to diagnosis and treatment of mechanical spinal disorders. The books are aimed at both undergraduate and postgraduate students of chiropractic, osteopathy and physiotherapy, as well as all clinicians who see a comprehensive review of mechanical spinal pain.* Multi disciplinary approach to the management of low back pain. * Highlights a variety of effective approaches to successful treatment. * Aimed at undergraduate and postgraduate students, as well as clinicians in physiotherapy, osteopathy and chiropractic.

"The book is a pleasure to read, and contains many detailed histological preparations of various joint structures and neural elements relevant to the lumbar spine. There are also numerous clear and well illustrated radiographs which supplement the text. Overall, the text covers almost every conceivable aspect of anatomy, pathophysiology and histopathology relevant to the structure and function of the lumbar spine required to approach professional clinical management of mechanical forms of low back pain. This text should be part of any clinical reference library, and is definitely recommended reading for undergraduates and postgraduates in all health disciplines. The approach is fundamentally practical and functional in nature, which supports manipulative management of low back pain disability." *European Journal of Chiropractic*, April 2001

editors are well known in the field of spinal research and they have brought alongside them a number of renowned contributors in the various chapters. [...] The editors and contributors are to be congratulated on providing a text which takes a multidisciplinary approach to the management of low back pain. They have succeeded in their intention to promote communication between the professions in order to develop a stronger scientific basis for spinal care and to improve the management of patients with mechanical low back pain." *Manual Therapy*, August 2000

a comprehensive review of clinically relevant information ... This is a definitive text ... It demands that you own it, actually read it and then live with it. You and your patients will be the immediate beneficiaries. Such is the power of Lynton's work

"Chiropractic Journal of Australia

potential problem for this book is that its most obvious rival uses a similar framework, anatomy, to approach the problems of low back pain. Given that most physiotherapists who work in this field will already have a copy of Bogduk's *Clinical Anatomy of the Lumbar Spine and Sacrum* the obvious question is what is different about this book that will make me want to buy it? For starters you get a very readable, though comprehensive chapter on the epidemiology of low back pain. While such a chapter is uncommon in physiotherapy texts on low back pain, the information it presents on prevalence and risk and prognostic factors is vital for informed practice. Perhaps surprisingly, notable differences between the books lie in the 15 chapters devoted to anatomy and physiology. There are sufficient differences to ensure that those who are interested in anatomy would definitely want both books. While I would not want to say which book covers the area better, the undoubted strength of this section of the book is the artwork, particular the photographs of histological sections and dissected specimens. The final section deals with diagnosis and management, with separate chapters provided by radiologists, psychologists, medical practitioners, chiropractors, osteopaths and physiotherapists. Each of the chapters provides an overview on the management of low back pain from the perspective of that profession. I believe this is where the two books differ most and this is one of the strengths of the Giles and Singer book, because it encourages a team approach to the management of low back pain. Physiotherapists will find the chapters written by osteopaths and chiropractors particularly interesting and may be surprised at the similarities between the approaches of these two professions and their own in managing low back pain.... I believe that the editors have produced a valuable contribution to the field and I would recommend the book to readers." Christopher Maher, MMPAA, PhD, Senior Lecturer, School of Physiotherapy, The University of Sydney, *Australian Physiotherapy*, Vol 44, No. 4, 1998, January 1998

is a phenomenal book that contains tremendous amounts of information and is loaded with references for the student, practising clinician, researcher and academician. The text starts off good and only gets better as the reading continues. Drs Giles and Singer are to be complimented for the individual contributions and the selection of authors for individual chapters. The chapters are organized, concise and full of information. The reader will be enriched and challenged by this book. It is an excellent resource for any person who deals with back pain. It is part of a series on back pain, and if the others are as good as volume 1, they are also must reads. Kudos to the participants of this undertaking." *Journal of Manipulative and Physiological Therapeutics*, Vol 21, No 8, October 1998